

Donald Sanders

has completed the course and is now certified in

Mental Health First Aid for Military, Veterans, and their Families

and has been trained to provide initial help to someone experiencing a mental health or
substance use challenge.



Mental Health
FIRST AID

from NATIONAL COUNCIL FOR
MENTAL WELLBEING

*National Council for Mental Wellbeing operates Mental Health
First Aid in the USA. The National Council for Mental Wellbeing
and the Missouri Department of Mental Health founded Mental
Health First Aid USA.*

Chuck Ingoglia
President & CEO
National Council for Mental Wellbeing

*This course is eligible for 7.5 hours of
continuing education credits.*

This certificate became
effective on:

03/27/2023

Date

This certificate
expires three years
from the date it
became effective.