

June 5, 2017

To Whom It May Concern:

Kasey Smith attended and completed the YogaWorks 200-Hour Foundational Teacher Training Program in June 2017. The training was taught by Lainie Devina at our Woodland Hills Studio in Los Angeles, CA.

Participants were educated in the theory and practice of asana, pranayama, yoga philosophy, anatomy, and the specifics of teaching yoga. The course, including homework assignments and final exam, represents 200 hours of coursework and qualifies the teacher trainee to register with Yoga Alliance at the 200-hour level.

If you have any questions please contact the Teacher Training Department.

Sincerely,



Rasha Pensanti Shakeri  
Director, Teacher Training  
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# 200-HOUR YOGA TRAINING DIPLOMA

YogaWorks Teacher Training grants

*Kasey Smith*

in June of two thousand and seventeen

this diploma recognizing the completion of 200-hours of coursework in the theory and practice of asana, yoga philosophy, anatomy and the basics of teaching yoga.

Graduate is hereby qualified to register with Yoga Alliance at the 200-hour level.

*Lainie Devina*

Lainie Devina

