

AYURVEDIC PRACTITIONER

Jenny Murphy

HAS SUCCESSFULLY COMPLETED THE AYURVEDIC PRACTITIONER CERTIFICATION COURSE

Course content:

Module 1 - Fundamental Principles

Module 2 - Flavors And Constitutions

Module 3 - Biological Activity Of The Body

Module 4 - The Body And The Energies

Module 5 - The Ayurvedic View Of The

Body, Health, And Disease

Module 6 - panchakarma

Module 7 - Toxins And Diagnosis

Module 8 - The Ayurveda Diet

Module 9 - Physical Activity

Module 10 - Daily Routine

Module 11 - Evening Routines And Seasonal Routines

Module 12 - Ayurvedic Massages

Module 13 - Improving The Ayurvedic Massage

Module 14- The Couple In Ayurveda

Module 15 - Pregnancy In Postpartum Care

Module 16 - Ayurveda For Children, Basic Principles

Module 17 - Ayurvedic Routine For Children

Module 18 - Conducting A Consultation, Case Studies



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