

## yoga shanti

## Certificate of Completion

## Amber Satterfield

has completed the

## Yoga Shanti 300-Hour Advanced Yoga Teacher Training

A Livestream Program with Colleen Saidman Yee and Rodney Yee of Yoga Shanti in Sag Harbor

April 22 - July 11, 2021

This advanced training includes in-depth studies in asana, pranayama, philosophy, anatomy, sequencing, yoga therapeutics, and teaching for all levels. The students worked closely with their mentors in small groups to ensure their progression throughout the program, which had an overall focus on honing their teaching skills.

Rodney Yee

Colleen Jaidman

Colleen Saidman Yee

JULY 11, 2021

**Date of Completion**