

Silva International Headquarters

LAREDO . TEXAS . U.S.A.

This is to certify that

Hritu Mehra

has satisfactorily completed

The Silva Method

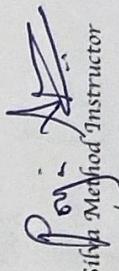
Silva Life System Program
and is hereby awarded this



C E R T I F I C A T E

on this 18th day of October, 2020

Certificate No. SG20200022


Certified Silva Method Instructor
Pooja Arora

