



Established 2010

MindBody Centering Yoga

MBCY 200hr. Teacher + Life Training Certificate

This certifies that

SHANI HADIYA MANTENSO

is recognized as having completed all requirements for the 200hr MindBody Centering Yoga training,
demonstrating dedication to the principles & science of MindBody Centering Yoga,
having humility and reverence for the ethics and integrity of one in service to all living beings
in thoughts, words and practices.

MBCY-200 Certification witnessed & approved OCTOBER 2019.

Nina Be, MA, MEd, ERY-500, C-IATY~Founder of MindBody Centering Yoga

www.mindbodycenteringyoga.com