

HOME-WORD

News from Yakima Adventist Christian School
Vol. 7 No. 5 September 28, 2018

www.yacschool.org



It is easy for children to feel overwhelmed by social struggles, at school and at home, and they tend to worry that adults will see the struggles as unimportant. After all, haven't we all had them? As a result they frequently keep their feelings of sadness to themselves for too long. Little Girls Can Be Mean, is a great book that outlines a four-step approach to helping children, especially girls, manage social struggles they will encounter. Here are the four steps:

1. Observe—it is exactly as it sounds, what is going on literally?
2. Connect—once you suspect there is something going on, through active listening connect with your child regardless of their age. This will empower them to make active, informed decisions and will help you build a strong foundation from which they can tackle social situations for the years to come.
3. Guide—when you guide your child work together to allow them to better understand the situation and to come up with a variety of resolution possibilities to explore.

Support to Act—the goal here is to engage dialogue about the pros and cons of various possible actions and support your child in choosing a solution.

Like anything worthwhile the steps take practice, but when it comes to kids feeling badly about what happens at home or at school I think the 4 steps are worth a try. Will you join me in thoughtfully practicing the steps? Your children and I thank you in advance!

—Mrs. Waymire

Promise of the Week: John 15:5 NLT

"Yes, I am the vine; you are the branches. Those who remain in me, and I in them, will produce much fruit. For apart from me you can do nothing."

REMINDER! All parents and visitors **MUST** stop at the office during school hours. Please do not interrupt classes to drop items off or pick up your child. The office will call/retrieve your child (Kinder and above.)

Detergent Fundraiser—If you have not turned in your fundraiser packet it was DUE TODAY, Friday, September 28th. Please turn it in to the office Monday!

Attendance Reminder— Remember we have a new attendance policy. Tardies pile up quickly and un-excused tardies turn into unexcused absences which can lead to disciplinary action. Please check the online handbook or contact Mrs. Carey with any questions.

ITBS Testing— Testing continues this week. Please make sure your child is rested, has a good breakfast, and is on time. Make-up testing will also be happening this week.

Encouragement Notes— Notes are still available this week for our second week of ITBS testing. Pick up an order form in the office.

Picture Retakes—October 24th is picture retake day. Pictures will be back soon!

Calendar & Card Sale— Calendars will be for sale at Fall Festival and at the school this year. Students will not be taking orders this year, but sales can be designated to a student for their trip funds.

Fall Festival— If you can help please sign up at <https://www.signupgenius.com/go/5080F4CA5A92DA6F58-fall>

HOT LUNCH : Mon-Thurs **\$4**, Pizza \$1.50/slice
Hot lunch tickets are available in the office for \$20 and pizza tickets for \$15.

Monday—Breakfast for Lunch

Tuesday— **No Lunch**

Wednesday—Burritos

Thursday—Tator Tot Casserole

Friday—Pizza! Please send some fruits or veggies to go with your child's lunch!

What's Coming Up

Sept 24-Oct 5: ITBS testing
October 8-12: 7/8 Science Trip
October 14: Fall Festival
November 1: UCA Tech Fair

November 3: 3rd/4th & Band @ Fairview Church
November 4: Italian dinner and auction
November 7&8: Parent/Teacher conferences
November 7: Honor Roll Assembly

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