

CERTIFICATE IN HOLISTIC HEALTH

TARMIM KHAN

has successfully completed the requirements for Holistic Nutrition Consultant certification

Course Content:



Module 1: Fundamentals of Holistic Health

Module 2: Learning and Teaching for Infinite Development

Module 3: Nurturing Love, Connection, and Emotional Resilience

Module 4: Unlocking the Power of Creating and Purposeful Living

Module 5: Foundations of Healthy Bodies

Module 6: Exercise & Rest

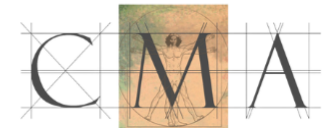
Module 7: Detoxification and Cleansing

Module 8: Nutrition and Gut Health

Module 9: Focusing & Controlling Energy For Holistic Health

Module 10: The Ultimate Guide to Holistic Coaching

Module 11: Ethics & Legal Nuances for Holistic Health Practitioners



Date: Jul 10, 2024

Authorized signature: Charles Lapointe