



TOP 10 TIPS TO AVOID LICE

1. Long hair needs to be kept back and up. Think braids and buns!
2. For boys... Rosemary Repel™ Gel is a great added layer of protection.
3. No sharing hats 🧢, hoods, helmets, crowns 👑 or tiaras 👸 (every prince or princess needs their own anyway).
4. Hugging is sweet, it is also a lice's favorite way to travel from head to head (they are fast runners! 🏃). Show friends how much you love them with a cool handshake!
5. No head to head selfies 📷. They are another favorite for exploring new heads.
6. Brushes, combs, clips and rubber bands are also not for sharing.
7. Make sure to spray the hot spots (behind the ears, nape of the neck and part lines) with Rosemary Repel™ Conditioning Spray each morning before school and before any afternoon activities.
8. Bring your own pillow and stuffed animals 🧸 to play dates and sleepovers.
9. Washing their hair every day is NOT a great idea. Try to skip a day. Lice ❤️ clean hair.
10. Daily checks help for early detection and when in doubt...a quick Lice Good-Bye® treatment is NEVER a bad idea.

Visit: www.fairytaleshaircare.com for more info!!