



May 23, 2023

To Whom It May Concern:

This is to confirm that **Carolyn Ruutelman** enrolled in and successfully completed The Shift Network's 7-week training, ***Immerse Yourself in Sound-Healing Vibrations*** with **David Gibson**. The course concluded on February 2, 2023.

The goal of this course was to:

- Unlock the profound healing power of sound by learning how frequencies, vibrations, music, and intention can release stuck emotions and energy — and significantly transform your life physically, mentally, emotionally, and spiritually.

The instruction included seven live teaching modules, averaging two hours in length per session, for a total of 14 educational contact hours. Additionally, participants were assigned materials to study and homework to complete between sessions to deepen their understanding of the subject.

For more information about this course, please visit theshiftnetwork.com/course/01DGibson02_22. If you have any questions, please do not hesitate to contact our Support Team by emailing support@theshiftnetwork.com.

Sincerely,

Dawn D. Edelman, Ph.D.
Chief Education Officer
The Shift Network Inc.