

Mindful Eating Training Institute

Certificate of Training in MB-EAT

Presented to

Courtney Cohen, MSW

*For the successful completion of the
Mindfulness-Based Eating Awareness Training (MB-EAT) and Mindful
Living Professional Online Training and Mentoring Program and
Qualification of*

“MB-EAT Qualified Instructor”

September 30, 2020 Novato, California

Andrea Lieberstein, MPH, RDN, RYT

Andrea Lieberstein, MPH, RDN, RYT, MB-EAT Teacher Trainer, Director, Mindful Eating Training Institute

46 CPE's approved by the Commission for Dietetic Registration, American Academy of Nutrition and Dietetics