



STEAM Fund (Siegel Trust Enriching Arts & Music) at CFOS brings educational programs enriching arts and music to public school children. We offer a variety of workshops and assembly programs as follows.

### The Real Food Song Program - Grades 5-6

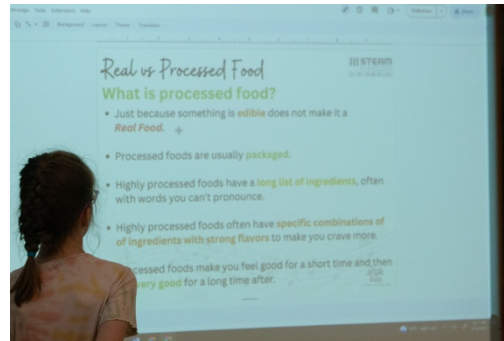


STEAM Fund is proud to bring *The Real Food Song Program* to school children. Creating awareness about where food comes from and how it is delivered is important for children to understand and can help create a generational change in the choices they make.

Facilitated through the STEAM fund at CFOS the program is supported educationally in collaboration with the not-for-profit, A Single Bite, whose mission is to feed and educate our neighbors with real, local food.



This innovative songwriting program presents the students with the opportunity to ponder important questions like “What does food mean to you? Where does it come from? What does it do? What are your favorites... are they real? How does food make you feel? The program targets students in grades 5 & 6 and is generally done with four groups of up to 25 students. In these interactive songwriting workshops, our teaching artists introduce the concepts of real vs processed food and learn about songwriting and musical concepts like rhythm and form. Under the guidance of our singer-songwriter teaching artists, the students write their own lyrics to the song “Real Food Rules” and then record their own version of the song. A video is created with all the participating students and shared with the School District and posted on YouTube.



[CLICK HERE](#) for the “*Real Food Rules*” Video – Livingston Manor Central School

For more information email [siegelfamilyfund@gmail.com](mailto:siegelfamilyfund@gmail.com) or call 845 798-2188