

Serving Today

Elder In-Charge: Pastor Larry Prudente

Deacons: Josue Abalorio, Abner Chavez, Victor Orion,
Alvin Salazar, Ian de Guzman, Teddy Mendoza

Deaconesses/Greeters: Faye Dalida & Marivic Salomon

Treasury: Noel Lisay

Speakers for September

September 01	Jiwan Moon	[Church Retreat Sabbath]
September 08	Art Albino	
September 15	Lewelyn Cariaga	[Family Togetherness Sabbath]
September 22	Mar del Rosario	
September 29	Danny Orillosa	[Communion Sabbath]

Church Staff

Ramon Baldovino, Senior Pastor

301.244.9545

pastor@filamcapsda.org

Nellie Roda, Head Eldress

301.498.6855

Daniel Orillosa, Treasurer

301.332.7923

treasurer@filamcapsda.org

Alvaro Roda, Church Admin

301.498.6855

churchadmin@filamcapsda.org

Rhea Joy Brondo, Church Clerk

202.867.7913

clerks@filamcapsda.org

Sunset Almanac

Tonight (September 22, 2018)—7:05 pm

Next Friday (September 28, 2018)—6:55 pm

Next Sabbath (September 29, 2018)—6:53 pm

Get Connected

Phone: 301.244.9545

301.328.9537

Email: info@filamcapsda.org

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Social Media: [f](#) [t](#) /filamcapsda

Our Mission Statement

The Filipino-American Capital Seventh-day Adventist Church exists to
GO WITH JESUS IN MAKING DISCIPLES OF ALL AGES.

Pastor's Note

COPING WITH STRESS

by Ramon V. Baldovino

Jay Kesler writes in *Campus Life*:

There are two ways of handling pressure. One is illustrated by a bathysphere, the miniature submarine used to explore the ocean in places so deep that the water pressure would crush a conventional submarine like an aluminum can. Bathyspheres compensate with plate steel several inches thick, which keeps the water out but also makes them heavy and hard to maneuver. Inside they're cramped.

When these craft descend to the ocean floor, however, they find they are not alone. When their lights are turned on and you look through the tiny, thick plate-glass windows, what do you see? Fish!

These fish cope with extreme pressure in an entirely different way. They don't build thick skins: they remain supple and free. They compensate for the outside pressure through equal and opposite pressure inside themselves.

Christians, likewise, don't have to be hard and thick-skinned—as long as they appropriate God's power within to equal the pressure without. (From Craig Brian Larson and *Leadership Journal*)



FILIPINO-AMERICAN CAPITAL SEVENTH-DAY ADVENTIST CHURCH

September 22, 2018

ARISE! SHINE! JESUS IS COMING!

4216 Powder Mill Rd
Beltville MD 20705-2747

301.244.9545

SABBATH SCHOOL | 09:30 AM

Singspiration	Selected— <i>Music Leader(s)</i> Selected— <i>Pianist</i>
Opening Song	Selected Opening Hymn/Song
Opening Prayer	Selected Opening Prayer
Welcome Remarks	Noel Lisay
Special Music	Elmer Punzalan
Mission 360° Spotlight	“Youth Set Church On Fire” Adventist Mission
Closing Song	Selected Closing Hymn/Song
Closing Prayer	Selected Closing Prayer
Lesson In Review	by Class
	<i>English 1 Adult Class</i> —Samson Dah
	<i>English 2 Adult Class</i> —Jonathan Dalida
	<i>Tagalog Class</i> —Elmer Punzalan
	<i>Fellowship Hall Class</i> —Pastor Ramon Baldovino
	<i>Young Adults’ Class</i> —L. Lacson/K. Paradero/S. Albino/C. Baldovino
	<i>Youth Class</i> —R. Masangcay/M. Masangcay/D. Wallace
	<i>Primary/Juniors’ Class</i> —S. Cogasi/J. Dalida/J. Dumaop
	<i>Cradle Roll/Kindergarten Class</i> —L. Alinsod/S. Virtudazo/M. Gomez

“Confinement in Caesarea”

“Whether quickly or not, I pray to God that not only you but also all who are listening to me today might become such I am—except for these chains.”

(Acts 26:29, NRSV)

CONGREGATIONAL RESPONSES

As We Come To You In Prayer

Now, Dear Lord, as we pray, Take our hearts and minds far away,
From the press of the world all around, To Your throne where grace does abound.
May our lives be transformed by Your love, May our souls be refreshed from above.
At this moment, let people everywhere, Join us now as we come to You in prayer.

Almighty Father

Almighty Father, hear our prayer, and bless all souls that wait before Thee. AMEN.

We Have This Hope

We have this hope that burns within our hearts,
Hope in the coming of the Lord.
We have this faith that Christ alone imparts,
Faith in the promise of His word.
We believe the time is here, When the nations far and near
Shall awake, and shout and sing Hallelujah! Christ is King!
We have this hope that burns within our hearts,
Hope in the coming of the Lord.

WORSHIP HOUR EXPERIENCE | 10:50 AM

Praise, Songs & Testimony		Praise Team
Church Life		Presiding Elder
Welcome To Worship	“The Family of God”	Praise Team
Introit	“A Quiet Place”—SDAH 503	Pianist/(Organist)
Call To Worship		Presiding Elder
†Hymn of Adoration	“Rejoice, Ye Pure in Heart!”	SDAH 027
†Invocation		Pastor Mar del Rosario
Worship In Giving		Lewelyn Cariaga
	<i>Tithes</i> —God’s Sacred Portion	
	<i>Offerings</i> —One Offering Plan/Potomac Partners	
Offertory Music		Matthew Masangcay
Children’s Time		Malou Adams
‡Pre-Prayer Song	“As We Come To You In Prayer”	SDAH 671
‡Pastoral Prayer		Pastor Larry Prudente
‡Prayer Response	“Almighty Father”	SDAH 693
Scripture Reading	Luke 12:15	S.G. Virtudazo
Worship In Music		Jasmine Chavez
The Spoken Word	WHEN MUCH IS NOT ENOUGH	Pastor Mar del Rosario
Song of Appeal	“My Life Is in Your Hands”	Helen Abcede
†Hymn of Consecration	“I’d Rather Have Jesus”	SDAH 327
†Benediction		Pastor Mar del Rosario
†Congregational Response	“We Have This Hope”	SDAH 214
Postlude		Pianist/(Organist)

Others Who Serve...

Presiding Elder: Pastor Larry Prudente
Worship Coordinator: Matthew Masangcay
Praise Team: The Mustard Seeds
Pianist/(Organist): Matthew Masangcay
Instrumentalists: Volunteers Instrumental Ensemble

†Congregation remain STANDING at this time

‡Congregation remain KNEELING at this time

CHURCH LIFE

WE WELCOME YOU ALL on this delightful Day of Rest as we praise, worship, glorify & honor God today! Our guest speaker for this Sabbath is Pastor Mar del Rosario. May we hear Our Heavenly Father’s voice as we receive the Spoken Word today!

COMING EVENTS *September 29*—Communion Sabbath

TREASURY REPORT January-June, 2018 Church Budget: Offering Received—\$63,015.78; Actual Operating Expenses—\$65,272.93; **Net Operating Shortfall**—(\$2,257.15)

2019 COLUMBIA UNION CALENDAR CALL FOR ART Every year the Columbia Union *Visitor* Team designs a calendar that we hope will inspire and strengthen our members in their daily Christian walk of faith and Bible beliefs. We think you will enjoy our upcoming *2019 Columbia Union Calendar* with the title theme, “Let the Children Come,” which will highlight children and youth from around the Columbia Union with artwork of their favorite Bible stories. Beginning August 1 through September 30, children and youth between the ages of 5–15 are asked to submit their original artwork that illustrates one of their favorite Bible stories. For more information in English and Spanish, which includes a submission form, rules and guidelines, please visit the link to our website: <http://www.columbiaunionvisitor.com/2019callforart>.

SEPTEMBER BIRTHDAY CELEBRANTS (Church Members & Friends) Victor L. Orion, Clarissa Punzalan, Lemuel Nerona, Belen Alde, Jethro Punzalan, Jonathan Dalida, Angeleo Tandoy, Lourdes Saulo, Mervyn Lee, Luzviminda Deriquito, Vernon Bacud, Matthew Masangcay, Maricel de Guzman. May the Lord bless you with long life, good health, a happy family and life-changing faith. (This list is by no means completed or fully-updated. Our Church Clerk, Joy Brondo, will be happy to receive any updated information. Please call/text her at 202.867.7913 or send in your updated entries to clerks@filamcapsda.org.)

ONLINE GIVING is available now! You may return your tithes & give your offerings to Fil-Am Capital SDA Church by availing this feature online! Log on to our Church’s Website at <http://www.filamcapsda.org> or scan the QR Code on the right column with your QR Code Reader App-enabled Smartphone. Sign up today!

