

NATIONAL STRENGTH AND CONDITIONING ASSOCIATION

hereby certifies that

Maria Rigo

has earned the designation of NSCA Certified Personal Trainer® as defined by the NSCA Certification Committee.

83900603

CERTIFICATION NUMBER

Brentalvan

Brent A. Alvar, PhD, CSCS,*D, TSAC-F, FNSCA NSCA BOARD PRESIDENT

June 7, 2003

DATE OF CERTIFICATION



William R. Johnson, PhD, CPSS,*D, CSCS,*D NSCA CERTIFICATION COMMITTEE CHAIR

December 31, 2026

CERTIFICATION EXPIRATION DATE

The CSCS, NSCA-CPT and TSAC-F certifications are accredited by the National Commission for Certifying Agencies.

