## Certificate of Attendance

## Integrative Restoration Institute

hereby recognizes

Clayton Ickes

as having attended the 31.75 hour

## Integrative Restoration - iRest<sup>®</sup> Level 1 Yoga Nidra Training

with all the rights and privileges pertaining to an iRest Level 1 Teacher given this Thirtieth day of October, Two Thousand and Twenty-two.

<u>Richard C. Miller</u> Richard C. Miller, PhD

Richard C. Miller, Phi Founder

Kirsten Whyert

Kirsten Guest Director of Certification