



ASHEVILLE PISGAH CHRISTIAN SCHOOL

Learning. Growing. Shining.



Up Coming Dates

MUSIC FESTIVAL CONCERT

Friday night 3/6 6:30 pm

MPA Gym

3/5-6	MUSIC FESTIVAL Grades 5-8 at MPA Regular arrival time 8:15 am
3/6	CONCERT at MPA Music Festival 6:30 pm Parents please attend!
3/10	PREVIEW DAY 8:15-12:15 -Free Pizza lunch
3/16-20	SPRING BREAK
4/6-8	OUTDOOR EDUCATION Nosoca Pines Ranch 5 th & 6 th graders
4/27	NO SCHOOL Teacher's Meetings
4/27-5/1	8th GRADE CLASS TRIP
5/7	SPRING CONCERT
5/14	LAST DAY OF SCHOOL GRADUATION

LAST CALL

Any takers for the microwaves or desk? Let us know this week.

HEALTH UPDATE

We are very aware of the news surrounding the Coronavirus:

- The coronavirus is a large family of viruses that usually cause mild respiratory illnesses such as the common cold. Some coronaviruses have caused more severe illness, such as severe acute respiratory syndrome and MERS. Covid-19 is a disease caused by a new coronavirus that was not identified in humans before December of 2019.

Common symptoms of Coronavirus:

- Most symptoms include a mild to severe respiratory illness with symptoms of fever, cough and shortness of breath. It takes 2 – 14 days after a person gets the virus to become ill and show these signs. This is a new disease, and the scientific world is learning more each day about its symptoms and how it is spread.

How does the virus spread?

- Most often it is spread from person-to-person via respiratory droplets produced when an infected person coughs or sneezes, similar to how flu and other respiratory pathogens spread. These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.
- It is currently unclear if a person can get this virus by touching a surface or object that has the virus on it and then touching their own mouth, nose, or eyes. Often, with most respiratory viruses, people are thought to be most contagious when they are most symptomatic. (the sickest)

How can we prevent COVID-19 infections in the school?

- Schools do not need to take any special precautions beyond what is normally recommended to prevent the spread of viruses in schools. We will continue our cleaning and disinfecting protocol. And we encourage all students to take simple steps which will also prevent the COVID-19 virus. These would include the following:
 - Staying home when sick.
 - Frequent hand washing with soap and water for at least 20 seconds, especially after going to the bathroom, before eating, and after blowing your nose. We should help young children do the same.
 - Covering coughs and sneezes with a tissue, then throwing the tissue in the trash and cleaning hands with soap and water or hand sanitizer.

We will keep informed and will pass information on to you. Your children's safety is our top priority.

Daylight Savings!

This Sunday. 3/8/20. Set your clocks forward.

