

# CERTIFICATE OF COMPLETION

WE HEREBY DECLARE AND CERTIFY THAT

**Lisa L. Moussa**

has been attuned to all levels and successfully completed the requirements to achieve **Level 1, Level 2 and Master** credit hours (40 total) and is granted certification as a

**Usui Reiki Master**



28 February 2022

A handwritten signature in black ink, appearing to read "Melissa Crowhurst".



Instructor: Melissa Crowhurst | Issued by: Natural Healer™  
Box 333, Greensborough VIC 3088 Australia | [naturalhealer.com.au](http://naturalhealer.com.au)

Reiki Lineage: Mikao Usui, Chujiro Hayashi, Hawayo Takata, Phyllis Furomoto, Claudia Hoffman, Mary Shaw, Christine Henderson, Bruce Way, Ariane McMinn, Mona Khalaf, Dharmadevi, Melissa Crowhurst

# CERTIFICATE OF COMPLETION

WE HEREBY DECLARE AND CERTIFY THAT

**Lisa L. Moussa**

has been attuned to Reiki Level 2 and successfully completed the requirements to achieve Reiki Level 2 status thus is granted certification as a

**Usui Reiki Level 2 Practitioner**



28 February 2022

A handwritten signature in black ink, appearing to be "Melissa Crowhurst".

**Natural**  
healer™

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Reiki Lineage: Mikao Usui, Chujiro Hayashi, Hawayo Takata, Phyllis Furomoto, Claudia Hoffman, Mary Shaw, Christine Henderson, Bruce Way, Ariane McMinn, Mona Khalaf, Dharmadevi, Melissa Crowhurst

# CERTIFICATE OF COMPLETION

WE HEREBY DECLARE AND CERTIFY THAT

**Lisa L. Moussa**

has been attuned to Reiki Level 1 and successfully completed the requirements to achieve Reiki Level 1 status thus is granted certification as a

**Usui Reiki Level 1 Practitioner**

28 February 2022



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## Natural Healer accreditation

The Natural Healer™ Usui Reiki Level 1, Level 2, and Master Certifications are accredited by the following:



- The International Natural Healers Association (INHA) <https://www.internationalhealers.com/>
- The American Association of Drugless Practitioners (AADP) <https://aadp.net/>
- The International Association of Therapists (IAOTH) <https://www.iaoth.com/>
- The Complementary Therapists Accredited Association (CTAA) <https://www.ctaamembers.com/>
- The Natural Healer Society (NHS) <http://naturalhealersociety.com.au/>
- The Massage Association of Australia (MAA) <https://www.maa.org.au/>

## Material covered & competencies acquired

**Reiki Level 1:** What is Reiki?; The 5 Reiki Principles; The 3 Pillars of Reiki, Attunements versus healings; How to feel Reiki; Visualization; Determining your Power Hand; Letting go; Intentions; Protection (Disconnect); Restoring your own energy; Spiritual Detox (Energy Cleansing).

**Reiki Level 2 + Reiki Master Level:** The 5 Reiki Symbols; Activating the Symbols; purpose and understanding of Cho Ku Rei (Power Symbol), Sei Hei Ki (Emotional Symbol), Hon Sha Ze Sho Nen (Distance Symbol), Dai Ko Myo (Usui Master Symbol), Raku (Grounding Symbol); Symbol use; Introduction to Chakras; Chakra chart and diagram; Where to place your hands; Hands Off method; Hands On Method; Scanning; Healing Attunements (Sessions); Perform a General Healing Attunement; Perform a Specific Healing Attunement; The Traditional Reiki Hand Positions (Healing Others); Perform a Self Healing Attunement; Traditional Reiki Hand Position Session (Self Healing).

**Reiki Master Level continued:** Perform a General Distance Healing Attunement; Perform a Specific Distance Healing; Working with animals, objects, and situations; Perform a General Animal (Pet) Healing Attunement; large groups or natural disasters; Introduction to Crystal Healing; Using crystals with Reiki, Synchronicities, Spirit Guides & Angels; Developing your intuition; Tips on starting your Reiki business; Setting up your healing room; Getting your Reiki practice insured & first aid; Issues, Legalities, Acceptance and Regulations.

## Practice & assessment

**Required practice:** Multiple practice sessions are mandatory for the Hand energy exercise; determining your Power Hand; visualization; preparation steps (letting go, intentions, protection, restoring); drawing and activating symbols (Cho Ku Rei, Sei Hei Ki, Hon Sha Ze Sho Nen, Dai Ko Myo, Raku); Chakras; hands on / hands off self scanning method; hands on / hands off scanning on another; self healing including 30 x self healing sessions; full general healing session; full specific healing session; traditional Reiki hand positions for self healing; traditional Reiki hand positions on another; full general distance healing session; full specific distance healing session.

**Assessment:** via nine (9) online quizzes conducted throughout the course with one (1) online final exam at completion. Total course lecture completion, quiz+final 100% passing grade, attunement ceremony completion, and a digitally signed student declaration is required for graduation.