

# **GO! Carderock**

A posting board for fun outdoor adventures from our Carderock Springs neighborhood

## **HIKING ADVENTURES**

### **Sugarloaf Mountain**

(30 miles from Carderock)



One of our favorite hikes close to home is Sugarloaf Mountain, which is about 30 miles from Carderock. There are numerous hiking trails suitable for ages 4 and up and all offer beautiful views of the surrounding countryside. We usually spend @2hrs on the mountain – plenty of time to hike comfortably along the trails and then have time to enjoy rock scrambling and a picnic at the summit.

Driving directions: Drive north on I-270 to Exit #22 (MD-109 S). Circle under I-270 and continue on Route 109 S to Comus. After @3 miles turn right on Comus Road to Sugarloaf Mountain entrance.

For a trail map, go to [www.sugarloafmd.com](http://www.sugarloafmd.com). There are many hiking options, but a popular route for young children is the following:

Drive to the East View parking lot close to the top of the mountain. Take the white trail for @ ½ mile to left on blue trail for @ 1/8 mile to left on red trail (where the blue trail intersects with red trail is a beautiful overlook – don't miss it!) for @ ¼ mile. The red trail intersects with the green trail at the summit, which offers beautiful scenery and huge boulders to scramble over. To return to the East View parking lot, hike down the green trail (steep steps) to the West View parking lot and walk back along the road for @½ mile to the East View parking lot. A shorter return trip is to backtrack briefly on the red trail to pick up the orange trail (left turn), which is a very steep but fairly short hike down directly to the East View parking lot.