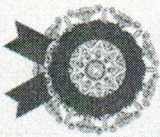


*Christina Skiftun
has successfully completed the*

Building Personal Resilience™ Program

*and is hereby licensed as a
HeartMath® Certified Mentor*



aTAWTJKBYL

Certificate Number

March 11, 2021

Certification Date

Deborah Rozman

Deborah Rozman, PhD, CEO HeartMath LLC

Sara Childre

Sara Childre, President, HeartMath Institute