

The Family Communique' Piedmont Park

Extended Announcements

July 26, 2014

August 11 at 7:00pm is the next church board and business meeting. Please meet in the Earliteen Room in the Fellowship Hall. Please send agenda items to Pastor Michael at mhalfhill@gmail.com

Vacation Bible School has created quite a stack of laundry! There are 9 tubs of laundry that need to be washed and folded before it can be stored (i.e. costumes, etc.). If you could help with this project, would you please contact Charlene Hawkins at charlene.hawkins68@gmail.com

Have you downloaded Piedmont Park's Online Directory or used the Instant Church Directory app for your mobile device yet? If you would like to find out more about how to access this useful document, please visit our webpage at www.piedmontparksda.org and click on Directory at the top right of the page. If you have questions, contact Vanessa Schaecher Communications Chair at piedmontparkmedia@gmail.com or 402-486-0629.

Facebook is a great way to keep in touch with people and find out about local events. Did you know that Piedmont Park has a Facebook page? It is a great place to find each week's Sermon, notices about upcoming events and other great features. We hope you will check Piedmont's Facebook page out at www.facebook.com/piedmontparksda & give us a "Like" so that our page can grow and reach even more people! Thank you! Vanessa Schaecher Communications Chair at 402-486-0629 or piedmontparkmedia@gmail.com

****There is no Potluck / Fellowship Meal at Piedmont Park today.**

Piedmont Park has active children's clubs. We have Little Lambs for ages 2-3, Eager Beavers for ages 4 thru Kindergarten, Adventurers for grades 1-4 and Pathfinders for grades 5-12. Your child would be most welcome to join in the fun. If you would like more information please contact the church office, Renee 402-489-1344 leave a message or piedmontparksda@gmail.com

The Piedmont Pedalers will meet at 4:00pm in Eagle to go east on the Mopac Trail. This part of the trail is the most scenic and also least used so usually a great ride. We will start from the parking lot by the swimming pool. To get there, go east to Eagle and take the first road (5th Street) after you get into town. Take it north for 5 blocks and turn left onto Applewood Dr. and go to the end of the gravel road to the parking lot. (The road turns off just after you pass the water tower on the right and before you reach the grain elevators. I do not know if there is a street sign or not.) Open to riders of all categories, but you must wear a helmet! Ride is from 0 to 23 miles total. Dwain Leonhardt 402-421-7507

You are invited to meet with church family and other community helpers at The Center for People in Need, at 3901 N. 27th Street, Unit, Lincoln for their “Tools for Education” annual school supplies distribution to families in financial need, today, July 26, from 1-3pm. We will not be providing Child Care at Piedmont Park. **Parking:** We ask that all volunteers park in the Home Depot parking lot that is nearest 27th street. We will have shuttles running back and forth between the lot and building. Please allow a little extra time for the shuttles and parking. You will enter the south side of the building through Door #1. You will then be checked in and assigned to your station. Last year, over 3,000 Lincoln students received school supplies. Child volunteers ages 8-16 must be accompanied by a parent. Please join your church family for a “Bring and Share” cold meal (i.e. salad, relishes, snacks, chips, fruit, and sandwiches) provided for all and by all in Piedmont Park’s Fellowship hall at 6:00pm...visit and then feel welcome to enjoy the Vespers concert to close your Sabbath day.

Piedmont Park Vespers presents Scott Michael Bennett in Concert today at 7:30pm. Doors will open at 6:30pm for this free concert. Scott is a featured artist for It Is Written, 3ABN, Amazing Facts! We know you will enjoy Scott’s music as he shares his talents with piano and voice! A free-will offering will be taken. Everyone is welcome to attend! To watch a video of Scott singing, visit <http://www.youtube.com/watch?v=WodWGws8B6g> Questions: Vanessa at 402-486-0629 or ppvespers@gmail.com

Make it a party! Bring your friends and family and stop by “Cherry on Top” located at 2801 Pine Lake Road on Monday, July 28, between 5:30-8:30pm to help raise funds to help some of our church families who are experiencing financial need due to the high cost of medical care and loss of work due to illness. We will receive 15% of all sales for the 3 hours. The more people that come during that time, the better the fundraiser will be. Questions: Renee Schaecher, URB Chair at 402-489-1344, cell – 402-580-1608 or piedmontparksda@gmail.com.

Laveda Estep, Virginia Fullerton’s daughter invites you to help celebrate Virginia’s 90th birthday at an open house here at Piedmont Park after potluck on August 2. Virginia’s birthday is July 30. Cards may be mailed to Virginia Fullerton 3701 S. 77th Street, Lincoln, NE 68506

Piedmont Park Vespers is happy to welcome Folk Mountain Gospel to Piedmont Park to give a Vespers program on August 9 at 7:30pm. Don & Donna Mohl play a variety of instruments including hammered dulcimer, bowed psaltery, zither, mandolin and guitar as they sing about God's love and care. Their programs are filled with personal testimonies and sweet melodies and we are confident you will be blessed! To watch a full program go to http://www.youtube.com/watch?v=BDu_6zgYd38

Safety Ministry - Training and Background Checks for Children's events.

NOTE: If you involved with children in any way at church please complete the Shield the Vulnerable Training and Background Check or present suitable documentation showing that you have passed a background check and are approved to work with children.

Piedmont Park Church will continue to work towards completion of training and background checks as required by the North American Division of Seventh-day Adventist, by all who work with the children directly or indirectly as we go forward, for those still lacking this requirement. This is an every three year requirement. The Cost of the Background check is paid for by the church. If you need help in completing this requirement please contact Renee the church office and leave a message at 402-489-1344 or piedmontparksda@gmail.com

Three ways to complete training and a background check and communicate this to Piedmont Park Church Office:

1) Complete the online training and background check application at Shield the Vulnerable. Step by Step Instructions on www.piedmontparksda.org and click on the tool bar where you see the abbreviation STV. The \$12.00 cost of the online program is paid for you by the church. We have not had enough need to offer a class. If you do not have support at home or through a friend to help you complete the online training and background online check please contact Renee Schaecher at piedmontparksda@gmail.com or leave a message at 402-489-1344 or call her on her cell phone 402-580-1608 (can text).

2) Present a certificate or document that specifically states that you have completed and passed a background check and that states you are approved to work with children. The wording on the certificate or letter needs to say that you have completed a background check and have been approved to work with children or be recognized as a document from a source that we recognize as accomplishing the requirements.

3) Secure a letter on organizational letterhead that states you have completed and passed a background check and are approved to work with children. This letter must be signed and dated by a person who has positional authority to confirm that the statement in the letter is verifiable and true. i.e. manager, human resources, pastor, principal, etc.

With all of these options, we hope you will be happy and willing to meet this requirement and move past the inconvenience with the overall and long-term good of children in mind. Thank you so much for being part of the volunteer team that brings the love of Jesus to our children each week, at VBS and any other event that we to help encourage our children's growth.

Questions? Safety Ministry – Shield the Vulnerable Contact: Renee Schaecher – Administrative Assistant to Pastor Michael Halfhill. Church 402-489-1344 Leave a message, Cell: 402-580-1608 (text capable) or piedmontparksda@gmail.com

See Step by Step Instructions on the next page....



If you have any questions about Shield the Vulnerable or the need for background checks, please contact the Church Office at piedmontparksda@gmail.com

Adventist Risk Management, the Mid-America Union and the Kansas-Nebraska Conference have indicated that anyone who volunteers with children must have a background check. They have recommended Shield the Vulnerable.

The Piedmont Park Church Board has voted to use the service of Shield the Vulnerable to do this for our volunteers. We are asking ALL of our volunteers who have contact with our church's children to participate and have a background check.

The background check costs \$12. Piedmont Park will cover that cost. However, if you would like to make a donation for your background check to help the church cover the costs for this important program, you may place it in a Tithe Envelope and mark it "STV."

It is easy to sign up. Just follow these steps:

1 Go To: shieldthevulnerable.org



2 Click >>



3

First-Time Signup

Select Your Organization

Seventh-day Adventist

Lake Union Mid-America

Illinois Conference Kansas-Nebraska

If correct, click >> Confirm

>> 1. Pick **Seventh-day Adventist** from the dropdown list

>> 2. Select your **UNION**

>> 3. Select your **CONFERENCE**: if your Conference also trains Students, a "Select User" dropdown opens. Select "Adult".

NOTE: if you cannot find your Union or Conference, STOP. Contact your administrator.



User/Login Data: Fill in the requested information and create your login. Only one person can be named on the registration. It's important to provide a valid email address — if you have one.

NOTE: Please write down your ID and Password in case you need to log in again.



Affiliation Tab: Here, you identify yourself as an employee (includes temp/contractor) or volunteer. Then identify which type of location (church, school, etc.) at which you work or volunteer. Finally, identify your position at the organization.



Summary: Review your registration information and if correct and you "Accept" the license, click the "Confirm Signup" button. It will take you to the "My Courses" page to start your training.

7 **My Course Page:** Click "Start" button to open the "required" course. You may take optional once you take the required course.

Assigned Courses (1)		Assigned	Done	Certificate
Adult Courses	Protect Children: Parts I & II	09-22-12	0%	

8 **Background Screening:** Once you train, you may be required to do a background check. If so, you must electronically sign an authorization to permit the screening. If finger printing is required, arrange for it at a location near you. Your local administrator can help you.



Confidentiality:

The details of the report are kept on line and at the KS-NE Conference office in secure files, and only conference designated administrators of the Shield the Vulnerable site have access to the reports. At this point Don Stricker and Ron Carlson are the only ones authorized.

The conference will provide the church with a list of the people from the congregation that have completed the background check and notify the church if action needs to taken. Then the conference will help the church process that action.

Our Sister Churches



You don't have to go through it alone

NEW Class Autumn 2014. If interested please contact: Mike and Cathy Ward for more information at 402-613-2147.

Most people will tell you that separation and divorce are the most painful and stressful experiences they've ever faced. It's a confusing time when you feel isolated and have lots of questions about issues you've never faced before.

DivorceCare groups meet weekly to help you face these challenges and move toward rebuilding your life. Each DivorceCare session has two distinct elements:

A Seminar with Experts

During the first 30-40 minutes of the meeting, each DivorceCare group watches a video seminar featuring top experts on divorce and recovery subjects. These videos are produced in an interesting-to-watch television magazine format featuring expert interviews, real-life case studies and on-location video.

A Support Group with Focus

After viewing the video, DivorceCare group participants spend time as a support group, discussing what was presented in that week's video seminar and what is going on in the lives of group members.

Where: College View Seventh-day Adventist Church: Prescott Ave Entrance

Street Address:

4801 Prescott Ave.
Lincoln, NE 68506

Location: Church Board Room [Main Lobby] Prescott Street Entrance

NEW Class Autumn 2014

Meetings

Meetings	Date	Times
Session 1	Tuesday, August 26, 2014	6:30 pm – 8:00 pm
Session 2	Tuesday, September 02, 2014	6:30 pm – 8:00 pm
Session 3	Tuesday, September 09, 2014	6:30 pm – 8:00 pm
Session 4	Tuesday, September 16, 2014	6:30 pm – 8:00 pm

Meetings	Date	Times
Session 5	Tuesday, September 23, 2014	6:30 pm – 8:00 pm
Session 6	Tuesday, September 30, 2014	6:30 pm – 8:00 pm
Session 7	Tuesday, October 07, 2014	6:30 pm – 8:00 pm
Session 8	Tuesday, October 14, 2014	6:30 pm – 8:00 pm
Session 9	Tuesday, October 21, 2014	6:30 pm – 8:00 pm
Session 10	Tuesday, October 28, 2014	6:30 pm – 8:00 pm
Session 11	Tuesday, November 04, 2014	6:30 pm – 8:00 pm
Session 12	Tuesday, November 11, 2014	6:30 pm – 8:00 pm
Session 13	Tuesday, November 18, 2014	6:30 pm – 8:00 pm

College View Academy

SDA Schools summer Fruit fundraiser – we are now taking orders for our August 11 pickup. Orders are needed by Sunday, July 27. This shipment will include Peaches (early, semi cling), Nectarines, Blueberries (last shipment) & Ginger Gold Apples (an early summer apple). Help support your school while enjoying GREAT fruit! For details or to order contact Charlene Binder at 402-489-1702 or www.lincolnfruit.com

SDA Schools summer Fruit fundraiser - There is extra fruit from our last shipment available. For details please contact Charlene at 402-489-1702 or our website www.lincolnfruit.com

Conference, Union and World

REGISTRATION is now open for Eye Run . . . a community event promoting eye health, sponsored by Christian Record Services to the Blind. Sign up to walk or run a 5K or run a 10K for the same early bird rate! The EYE RUN will be Sunday, October 5, at 1 PM at Holmes Lake Park in Lincoln. Sponsorship opportunities available. Learn more and register to walk, run, or volunteer at [EYE RUN registration information](#).

Jeri Lyn Rogge
 Assistant to the President for Development
 Christian Record Services for the Blind
 402-488-0981 X213
www.ChristianRecord.org
www.Facebook.com/ChristianRecord
www.Twitter.com/CRSBfriends

Community

Phil and Clare Marino 402-483-2086 or marino@inebraska.com would like to sell **Bible and Health Books** at the county fair August 5-9. They are looking for someone to help them with transportation and to help them staff the booth.

The Sugar Trap

“A good general guide to follow is the ‘2010 Dietary Guidelines for Americans’ which recommends that people limit both their solid fats and total sugar to anywhere between 5 to 15 percent of their total daily calories,” says Researcher, Quanhe Yang, PhD

Here’s how much added sugar is in some of your favorite foods:

One slice of whole wheat bread: 2 tsp.

8-oz. container of fruit-flavored yogurt: 7 tsp.

Single 12-oz. can of soda: 10 tsp.

Doughnut = 7 tsp.

Instant oatmeal packet = 3.5 tsp.

Spaghetti sauce, 1 c = 6.5 tsp.

Ketchup, 1 tbs. = 1 tsp.

Energy drink, 8 oz. = 6.5 tsp.

Cinnamon roll with icing = 9 tsp.

If you’re not sure whether a food contains added sugar, check the packaging for keywords such as "high-fructose corn syrup," "dextrose," "white granulated sugar," "raw sugar," or "maltose." And if you can, try these tips to avoid added sugar:

- When cooking, swap white sugar for vanilla, almond, or lemon extract.
- Instead of eating fruit-flavored yogurt, try plain and sweeten it up with fresh fruit.
- Limit low-fat foods. Oftentimes more sugar is added to compensate for the lack of flavor when fat is removed.
- Drink unsweetened iced tea or flavored seltzer water instead of fruit juice.
- Craving a cookie? Eat a graham cracker, which has less sugar but the same cookie crunch.

<http://shine.yahoo.com/healthy-living/another-reason-to-avoid-eating-cookies--heart-disease-205227576.html>