

IT'S ALL ABOUT CHOICE

But how do we know who is telling the truth about diet?
Diet strategies, fallacies and health costs will be addressed by several
health professionals



SIMPLE ABUNDANCE FREE HEALTH LECTURE

Tuesday, MARCH 26, 6:30-8:00 PM
Topsham SDA Church, 214 Topsham Fair Rd.

Sugar Free Choices will be demonstrated and sampled prior to the lecture.

