

A Message from **Mrs.** Pastor Travis Dean

Yes, you read the heading correctly. This is a message written by yours truly, Cesilia Dean. I am very blessed to be the mother of Abigail and Elijah (the subjects/illustrations in my husband's messages) and wife of Pastor Travis. Since it is Mother's Day month (and I encourage you mothers out there to celebrate all month!), Pastor Travis gave me the opportunity to write this month's message.

As mother of two children, pastor's wife, part-time nurse case manager, not to mention sister, daughter, and friend to many, I have a new appreciation for the "support people" in my life. In each season or transition there have been people who came along side of me, in this battleground called life. Today is no different. Those people hold me up like Aaron and Hur who held Moses' hands up as he interceded for the troops and even provided a seat for him to rest on during that crucial time. (Exodus 17:8-16) You may have those people in your life too. They are people who bless our lives with a listening ear, good advice, a hug, a prayer or maybe something more tangible (i.e. a meal when you are ill).

It is also a joy to be that "support person" for someone else. Acts 20:35 says, "...It is more blessed to give than to receive." What a privilege we have as children of a very good God to share the wealth of love and grace He bestows on us. As a mother (or a parent in general), my children are a never ending vacuum of needs. I am reminded over and over how important it is to go back to my Heavenly Father and be filled. He is the source of everything good (James 1:17). We need to receive in order to give. In order to be a nurturing "support person" for our children, spouse, friend, co-worker, or a stranger, we must be full ourselves.

God's Word is full of support for us; a well-spring for our refreshment. I encourage you to take some time today (and every day), to tap into the abundant resource of the Word of God. Here are a few texts that have been a blessing and support to me: **Isaiah 58:11; Psalm 139; Philippians 4:19**

May the Lord bless you as you live to bless others.