

REVERSING DIABETES SEMINAR

Thousands have reversed Type II Diabetes in as little as 3 weeks! Our program is proven effective, based on the latest scientific research, and is physician approved.

- Live so medications and insulin can be reduced or eliminated
- Reverse the complications of diabetes, such as cardiovascular disease
- Lose weight without being hungry
- Reduce or eliminate neuropathy pain

Seminars includes:

Food samples, recipes, meals, and exercise plans!

Classes held Sundays
2:00–4:00 pm: Jan. 20, 27,
& Feb 3, 10, 17, & 24

For info call 208-623-4553

Registration fee: \$20 per person or \$30 per couple

**Limited scholarships available for those unable to pay*

Classes are designed for individuals who are diabetic or pre-diabetic, or anyone wishing to incorporate life style changes to improve overall health.

LOCATION:

Spirit Lake Seventh-day Adventist Church
32771 N 5th Ave, Spirit Lake, ID 83869

