



This certificate certifies that

Vella Catania

has completed the

**Sattva Yoga Academy (Level 1)
200 Hr Teacher Training Program**

*(Vedic and Tantric Transcendental Wisdom, Sattva Yoga, Kriya,
Naad, Himalayan Kundalini, Laya, Hatha Vinyasa, Sattva Meditation).*

From

01st of June to 12th of July 2023

Online at Sattva Yoga Academy

Rishikesh, India, Himalayas



Anand Mehrotra
Founder Sattva Yoga