



# Our Little Messenger



May, 2021

Irrigon Seventh-day Adventist Church

#05-2021



Photo by Conrad E.

This week I had a new experience which many of you have had but for me it was my first time. I had to

have an MRI. After an orthopedist did an x-ray and a physical exam, he suspected a rotator cuff tear and set the process in motion for me to get an MRI. I still have to wait 4 more days until I get the results of the MRI so I'm left wondering. If I do have a tear what does that mean? I'm I going to have surgery and what does that look like. If I have to have surgery, how long will recovery take? Will I be able to run through the recovery period? What if I don't have to have surgery? What then? Will I have to try physical therapy? There are just so many questions I could be asking myself, but I'm really not.

You see I know whatever the results of the MRI, God already has a plan in place. While it may not be exactly according to my plan, God has it under control. Last month, if you remember, I wrote about not being sure how I was going to get through a 50 mile race for which I was really under prepared. The answer was one step at a time. Destry and I did some running and a lot of walking, but we finished the race and ended with a wonderful experience. The process of getting through whatever is happening in my shoulder is a process that I will get through the same way, one step at a time.

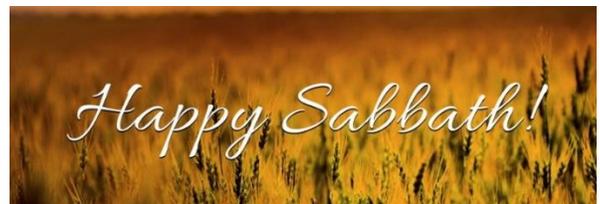
What is it that you have been going through that may seem overwhelming at times? Some of us may feel at our wits end with rumors of renewed

Covid restrictions with the recent uptick in cases. Some of us may look to what is happening in nearby Portland, or racial tensions in so many parts of the country or the continued polarization of the political parties of this country and become overwhelmed. We may even wonder how we will make it through this journey. Again, the answer is one step at a time. We continue moving step by step with our Savior on the path He has set before us knowing that at the end of the path we will see our Savior face to face.

I have peace as I remember my Savior's precious promise in John 14:1-3, "Let not your hearts be troubled. Believe in God; believe also in me. In my Father's house are many rooms. If it were not so, would I have told you that I go to prepare a place for you? 3 And if I go and prepare a place for you, I will come again and will take you to myself, that where I am you may be also."

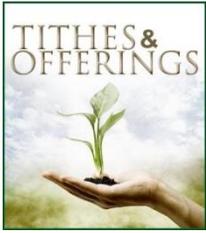
Blessings,

Pastor Brian Yarbrough and Family



## Sunset

Friday	Sunset	Sabbath	Sunset
April 30	8:04 pm	May 01	8:06 pm
May 07	8:13 pm	May 08	8:14 pm
May 14	8:22 pm	May 15	8:23 pm
May 21	8:30 pm	May 22	8:31 pm
May 28	8:37 pm	May 29	8:38 pm

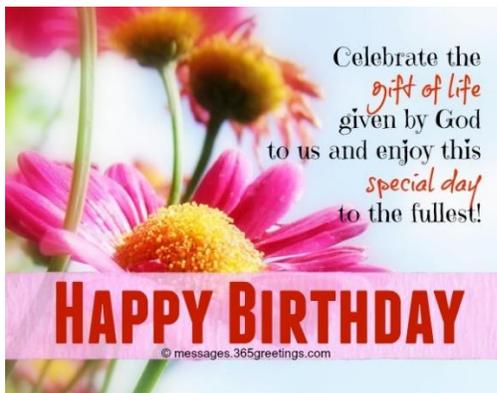


## Offering Schedule

- May 01 – Church Budget
- May 08 – ADRA
- May 15 – Church Budget
- May 22 – UCC Advance
- May 29 – Church Budget



- 01 Tim & Jessica (Terry) Braun
- 12 Pastor Brian & Terra Yarbrough (1996)



- 02 Shirlene Stahl
- 05 Cliff Perkins (WA)
- 11 Mitch Osmer (Phillippines)
- 12 June Christenson (WA)
- 13 Nick Bejarano (Florida)
- 18 Robert Leaton
- 25 Maribeth Alonzo (LaGrande, OR)
- 29 Mark Fleming

- 01 Sabbath School & Church, 9:30 am
- 04 Family Closet - OPEN - 9 am - noon
- 05 Elder's Meeting, 6 pm
- 05 Singing, Bible Study & Prayer, 6:50 pm
- 08 Sabbath School & Church, 9:30 am
- 09 **HAPPY MOTHER'S DAY**
- 11 Family Closet - OPEN - 9 am - noon
- 12 Singing, Bible Study & Prayer, 6:50 pm
- 14 Vespers, 7 pm
- 15 Sabbath School & Church, 9:30 am
- 18 Family Closet - OPEN - 9 am - noon
- 19 Singing, Bible Study & Prayer, 6:50 pm
- 23 Sabbath School & Church, 9:30 am
- 25 Family Closet - OPEN - 9 am - noon
- 26 Singing, Bible Study & Prayer, 6:50 pm
- 28 Vespers, 7 pm
- 29 Sabbath School & Church, 9:30 am



## Save the Date:

### Virtual Camp Meeting June 14 - 19

Camp meeting is coming June 14-June 19, 2021! It will be virtual again this year, but we have great speakers and seminars lined up. Main speakers this year are Randy Maxwell, Ron Halvorsen Jr., and Minner Labrador. More information will be coming, and will be posted on our camp meeting page at [uccsda.org/campmeeting](http://uccsda.org/campmeeting).