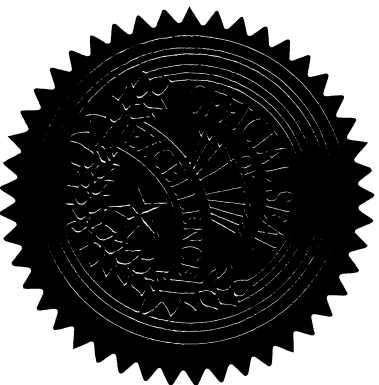


THE SELF-TALK INSTITUTE

Proudly Awards this Certification to

Ana Ferrando

*For the Completion of The Self-Talk Institute
"Certified Self-Talk Trainer" Personal Training Program
on the 25th of January, 2015*



The Self-Talk Institute
CST Training Division

President

Steve O'Neil