

The Family Communique'

Announcements

Piedmont Park

*Important Dates
for your Calendar*

There are some special events coming up in April right here at Piedmont Park. We invite you to add them to your calendar today!

April 5 (Sabbath) at 6:00pm
Soup Supper, Vespers & Games

April 6 (Sunday) at 6:00pm
Regional Artists Concert
Grateful Heart, McClellan Sisters and Gospel Road
sponsored by Mid-west Gospel Music

April 7 (Monday) at 7:00pm
Fountainview Academy in Concert

April 18 (Friday) at 6:30pm
Agape Feast, Communion & Footwashing

April 26 (Sabbath) at 6:30pm
Vespers presented by
Families with Special Needs Ministry

April 27 (Sunday) at 7:00pm
VOTA in Acoustic Concert
sponsored by EOM, Inc.

For more information about these and other other events, visit the Piedmont Park website at www.piedmontparksda.org and click on Calendar. Or e-mail the church office at piedmontparksda@gmail.com

Jesus told us to be watchful and faithful until His return. We live in awesome times today. Here is a link to a video where Pastor Doug Batchelor gives some insights into a recent message between the Papacy and a Pentecostal church: <http://www.amazingfacts.org>. I believe it is good for us to be aware of conversations in the religious world while at the same time not going overboard on predictions. May we continue to be watchful of the signs and faithful in sharing the gospel. From: Pastor Michael Halfhill

Today is Disability Awareness Sabbath. Please check the church webpage and the most recent church newsletter, *A Walk in the Park*, to learn more about this ministry.

Please join your church family, tonight, at 7:00pm at the Union College Gym for vespers, supper, family games, open play and table games. See insert on page 5.

The services for Ken Brady were held at Piedmont Park, Wednesday, March 12 at 2:00 pm with light luncheon following. Cards of encouragement and sympathy may be mailed to:

Michelle Brady
4621 S 56th St
Lincoln, NE 68516-1321

Hebrew music artist Rachel Hyman Gutierrez will give a concert at College View Church tonight at 6:30pm. Rachel will share some of her testimony about being raised Jewish and converting to Christianity as well as sing Jewish/Hebrew and modern Israeli music that shares about the Lord she loves. Rachel has been featured on 3ABN and has shared her testimony and music around the world. An offering will be taken for Rachel's ministry. You can learn more about Rachel at www.rachelhyman.org

We are back from the CVA Senior Class trip to Puerto Rico. The trip was amazing. Truly the Lord blessed the work and fellowship the kids did/enjoyed. We painted a church and adjoining conference center, cleaned up all the landscaping, and finished the entry gates. After the Senior CVA students finished we went to an adjoining island call Vieques to swim, snorkel and kayak in amazingly beautiful water and beaches while staying at a wonderful place. Really nice to come home to a change of seasons! Kent and Sara Thompson and Others

If you are 50+ please join us for a brunch potluck tomorrow, March 16, at 10am at the College View Church. Several seniors meet for a potluck brunch there, on the third Sunday of the month, and welcome all seniors. For more information call Cathy Ward at 402-613-2147 or Teresa Thompson at 402-325-9232

Please join us on March 22 at 6:30pm at Piedmont Park for a concert with extraordinary trumpet player Chiz Rider. Chiz strives to bring believers encouragement and edification by generating praise and worship to the Lord within each heart through his instrumental trumpet music. Each concert appeals to a wide age range by including hymns and contemporary songs. A free-will offering will be taken. This concert is sponsored by EOM, Inc - more information: echoesofmercyupdate@yahoo.com or [402-486-0629](tel:402-486-0629).

Please join our Pathfinders at their Chili Feed on March 23 at 1:00pm in the Fellowship Hall. The Pathfinders are raising money to take the team and leaders to OshKosh for the biggest event of the season. See insert on page 5.

5th Sabbath Fellowship Dinner on March 29 will be hosted by the seniors of our church. All seniors are encouraged to bring food and help with preparation and clean-up. All who attend the potluck are asked to bring food and to help with clean up, putting tables and chairs away and vacuuming. Thank you and we hope to see you there. The Hospitality Committee

Piedmont Park Pedalers and anyone who may be interested in bicycling with them spring-fall, are invited to meet Sunday, March 30 at 9:00am at the “Bike Rack” on 33rd and Pioneers for a basic bicycle maintenance seminar. If possible, please bring your bicycle with you. If you cannot bring your bike please come anyway as there will be something of interest for everyone. The Bike Rack will give us hands on experience in how to handle simple repairs and to know when to take our bicycles to the repair shop. Questions? Kent Thompson kthompson@cbcthompson.com

Please join us for a Regional Artists Concert on Sunday evening, April 6, at 6:00pm. The concert will include music from the McClelland Sisters, Grateful Heart, and Gospel Road. A freewill offering will be taken. Mid-West Gospel Music, Lou Ann Fredregill, 402-792-2450

Piedmont Park Vespers is excited to announce that the Fountainview Academy Orchestra and Singers will be here at Piedmont on Monday, April 7, at 7pm to give a concert in our Sanctuary. We know you will enjoy the music as this talented group of over 100 students from Canada plays and sings familiar and heart-moving hymns and as the young people share their thoughts between songs. This is a free concert and an offering will be taken for Fountainview's ministry. Please plan now to attend and to bring your friends & family with you! For more information about the Fountainview Academy Orchestra and Singers go to www.piedmontparksda.org and click on **Fountainview** at the top left of the page or e-mail Vanessa Schaecher at ppvespers@gmail.com

Do you have a child or grandchild with special needs? Would you like to share the victories and challenges they have faced? There will be a special vespers on April 26 at 6:30pm at Piedmont Park to share these wonderful children with our church. Melissa Young at 402-646-2036 or Beth Baker at 402-470-2447. (Co-chairs of the Families with Special Needs Ministry)

Union College

The Records Office at Union College announces an opening for a Records Associate. This position requires an exceptional candidate with remarkable accuracy and attention to detail. Resumes should be sent to Michelle Younkin at miyounki@ucollege.edu. Further information can be found at www.ucollege.edu/staff-openings.

Conference, Union, North American Division and World

Christian Record Services for the Blind has an opening for a full-time position in Gift Records. Must be self-motivated, able to learn fast, have good computer skills, be able to prepare a bank deposit, pay meticulous attention to detail and proof read. High School education required, for information contact Alicejean Baker at 402-488-0981 ext. 222 or prhr@christianrecord.org

A Sabbath School Workshop Experience is March 29th in Wichita, 2:00 pm until 8:00 pm. A light supper will be provided. If you can plan to come you are most welcome. Bring your Sabbath School, VBS leaders, and anyone that desires to improve the children's departments and make your church a wonderful place for children. Register here: scarlson@ks-ne.org or ssweigart@ks-ne.org

The Blueprint: The Story of Adventist Education is to be aired on Public Television stations across the nation beginning April 1. Members will need to check their local listings to find the exact day and time. From: North American Division.

The Kansas-Nebraska Conference Men's Retreat is April 11-13. Ron Carlson will be our special speaker; Mike Fenton will share a concert and be our vespers speaker, our song leader team will be "Revive" from Wichita South Church and the movie Hell and Mr. Fudge will be shown. Great food, fun, fellowship, spiritual fuel and relaxation. To Register contact John Treolo at jtreolo@ks-neorg or call 785-478-4726

Community

Join the Mighty Magic Pants **for an all new concert as they release their latest album, Far Out, next Sabbath evening, March 22 at 6:30pm at College View Church.** On their first Christian kids album, the group explores the wonders of the universe and the One who created it through the band's signature mix of song and poetry that speaks to kids and their parents too. The concert is free! To download a free song from the new album visit www.mightymagicpants.com

Lincoln's newest independently operated SDA elementary school, Skyview Learning Academy, K-8, is seeking two dynamic individuals to join our team as elementary teachers. Ideal candidates will have a minimum of 3 years elementary teaching experience and a strong desire to see Ellen White's guidelines followed in our school and in the daily life of our students. Candidate must enjoy the outdoors, have a passion for teaching children about nature and understand the concept of "hands-on" learning. Salary commensurate with experience. Please submit resume to michelaray202@msn.com. Michele Ray, 402-416-1426

It's time to sign up for community garden plots for 2014. Please spread the word to your staff, clients, volunteers and friends that they can apply now for a community garden plot with Community CROPS. Over half of the plots are already claimed for 2014, so don't wait. Community CROPS provides land, tools, water, seeds and plants for families of any income level to grow fresh vegetables. Plot fees are on a sliding scale basis, and organizational groups are also welcome to apply. Full details are at www.communitycrops.org or call 402-474-9802

Dr. Bo Bryson and Voices of Hope are both turning 40 in 2014. Dr. Bo, a local chiropractor and owner of Trinity Chiropractic, wanted to do something to commemorate both events and to raise awareness and financial support for Voices of Hope and its services for victims of domestic violence and sexual assault. **On Monday, April 7, Dr. Bo will run 40 miles in one day.** He will run a cross-pattern using 27th & O St. as the center point. His run will take him north on 27th to the Interstate, south on 27th to Pine Lake Rd., east on O St. to the city limits and west on O St. to Hwy 77. People are welcome to join him at any point in the run. "My goal is to raise awareness and financial support for Voices of Hope and to bring awareness to the community about domestic abuse," he explains. "And, on a broader scale, I know people need hope." Donations to support Dr. Bo's run are being accepted at Voices of Hope, 2545 N St., Lincoln, on-line at www.voicesofhopelincoln.org. More info at www.trinitychiro.com/thehope40

Health Nugget:

Rubbing your eyes when you are first waking up is a common phenomenon. In fact, most people probably do this. There are a couple of common explanations for this. First, tears collect at the rim of the eyelids and dry out when you are sleeping. This produces the "crust" that you commonly feel around your eyes when you first wake up. This crust is a bit irritating, and so rubbing your eyes is a reflex that removes that crust. Similarly, your eyes tend to dry out a bit at night because of decreased tear production. Rubbing your eyes will stimulate the tear glands, leading to restored daytime levels of lubrication. If you have itching or redness of your eyes, on the other hand, then this is more a sign of allergic symptoms, which could be from seasonal allergies or allergies to something you come into contact with while asleep (such as dust or mites). This will also make you rub your eyes, maybe excessively. If you think you might have allergic symptoms, then you should talk to your primary care doctor. There are several excellent medications that you could use to decrease the itching and irritation if your doctor feels like you do have allergies.

This answer is for general informational purposes only and is not a substitute for professional medical advice.