

CHICK-IT SEASONING

This is great in any recipe that calls for chicken-like seasoning or chicken broth.

3 Tbsp	Salt
½ cup	Nutritional Yeast
½ tsp	Turmeric
½ - 1 tsp	Garlic powder
1 Tbsp	Onion powder
½ tsp	Marjoram
½ tsp	Sage
1 Tbsp	Parsley

Blend thoroughly to a powder-like consistency. Store in a sealed container in the refrigerator.

SEASONED EATINGS

Perfect for seasoning salads, vegetables, soups, gravy, or popcorn.

2 Tbsp	Salt
⅓ cup	Nutritional Yeast
¼ tsp	Oregano
¼ tsp	Garlic Powder
½ tsp	Onion Powder
2 Tbsp	Parsley
¼ tsp	Basil
⅛ tsp	Dill weed
¼ tsp	Sage

Blend thoroughly to a powder-like consistency. Store in a sealed container in the refrigerator, or pour into a shaker with large holes in the cap. Store in a cool, dry place. Add or subtract herbs in the recipe to your own liking