Today and Every Day

I want so much to please You, Lord In all I do and say.

In all my ways acknowledge You, Today and every day.

You've blessed me in so many ways, Too numerous to tell,

That just the mention of Your name Reminds me all is well.

You've walked with me through valleys dim,
Together we've climbed the hills,
And all along the rocky roads,
You walk beside me still.

Through all the storms, You've sheltered me In my hunger, I was fed.

You've come to be my resting place At the end of daily tread.

I know that I could ne'er repay The blessings You impart,

But, too, I know that all You ask Is the offering of my heart...

So, for today and every day, I trust my life will show

How much I want to please You, For I love You so.

In Loving Memory



Arnetha "Níta" Dammann October 26, 1932 ~ December 11, 2022



Arnetha Helen Dammann, the daughter of Ed and Rose (Voss) Wiltgen, was born in Wilmont, MN on October 26, 1932. The early years of her life she spent in Ashton, Iowa, then later received her education at St. Boniface Catholic School and was a graduate of Sioux City Iowa's Bishop Heelan Catholic High School in 1951.

She was united in marriage to Ronald Roy Thebert on February 12, 1953, while Ron was serving in the Navy on USS Princeton, out of Mountain View, CA. Following their marriage, they moved back to the Midwest where home was Vermillion, SD, eventually settling in Sioux City, IA in 1955 around family, except for short term moves for family careers to Cheyenne, WY, Watertown, SD, and Redland, PA. After returning to Sioux City, they moved to Rock Valley, IA and became owners of the Windmill Inn Restaurant in 1975.

For those that knew her well, she was always one of service and always was taking care of others, whether it was through her years at McKesson Robinson as a Controller or the Siouxland Stockyards, or waitressing at the various restaurants throughout Sioux City, Vermillion, and Rock Valley. She spent endless hours of volunteering in her churches, Breast Cancer organizations as a 35-year Breast Cancer Survivor, and her Heritage Estates community where she lived for 15 years before heading to Lyon Specialty Care in Rock Rapids, IA, where she needed skilled nursing for her health.

Several years after Ron's sudden death in 1977, she sold the restaurant and became a private aide for the elderly in their home, followed by over 20 years of service at Valley Manor until she retired. After retirement, she spent a great number of years with the Rock Valley Rotary Grandparent and Senior Companion Programs.

On November 25, 1983, she married Merle Dammann of Spencer, IA, in Rock Valley, where they continued to make their home in Rock Valley. Nita was a member of St Mary's Catholic Church in Rock Valley where she ALWAYS volunteered on any committee or church activity that was needed. Some of her favorites include church lunches and dinners, Sunday BINGO, Summer Bible School, Rally in the Valley, church bake sale, and Catholic Daughters, where she was a member and served as an officer as well. She was always known to make cookies, bars, salads, or whatever was needed until her health failed her these last few years.

While she has always had a quiet manner around people, she was always proud of her family through every stage of her life. They were more important to her than anything (almost anythingshe did love her home, Hallmark Channel, travel when she could, music, plays, daily coffee with friends, cards, games and just being included).

Nita's life is honored and cherished by her family which includes her two daughters and sons-in-law, Ronda (Tim) Barry of Philippi, WV and Kim (Tom) Satariano of Lee's Summit, MO.; her grandchildren, Liz Brewer of Overland Park, KS, Matt (Kaci) Barry of Shawnee, KS, and Christopher (Bryson) Satariano of Nashville, TN; step-daughters, Cindy (Neal) Drefke and Cheri Woolery; step-son, Monty (Monica) Dammann all of Spencer, IA.; her great-grandchildren, Jack Brewer, Molly Brewer, Will Brewer of Overland Park, KS and her most recent great-granddaughter, Emerson Satariano of Nashville, TN; step-grandchildren include, Christopher, Lyndsey, Beau, Jesse, Caitlin, Nathan, Emma, and Alex; and 22 step-great-grandchildren; brothers, Ed Wiltgen of Dakota Dunes, SD and Ray Wiltgen of Des Moines, IA.; sister, Rosie Merrigan of Sioux City, IA; additionally, numerous nieces and nephews throughout the Midwest and other extended family and friends.

She is preceded in death by her parents; husbands, Ronald Thebert on November 2, 1977, and Merle Dammann on April 23, 2002; two sisters, Clara Berardino and JoAnn McKenna; step-sons-in -law, Jim Hoppe and Randy Woolery; and step-grandson, Sam Woolery.

Nita died at Lyon Specialty Care in Rock Rapids on Sunday, December 11, 2022, with the last three months of loving care and support from Care Initiatives Hospice, Sioux City, IA at the age of 90

Those that knew Nita were blessed to have her in their lives. May the memories she helped create in each of our lives live on through others in the coming days and years! May she rest in peace!

Remembering The Life Of Arnetha "Nita" Dammann

MASS OF CHRISTIAN BURIAL

11:00 a.m. Wednesday, December 21, 2022 St. Mary's Catholic Church Rock Valley, Iowa

CELEBRANTS

Father Mauro Sanchez Deacon Tim Barry

MUSICIANS

Shelli Rens, organist Marj Wagner, cantor St. Mary's Choir

MUSICAL SELECTIONS

"Be Not Afraid" #438

"Shepherd Me, O God" #461

"Amazing Grace" #449

"Here I Am Lord" #395

"Old Hundredth" #832

"On Eagle's Wings" #440

CASKET BEARERS

 $\label{eq:mattbarry} \mbox{Matt Barry} \sim \mbox{Tom Barry} \\ \mbox{Tom Satariano} \sim \mbox{Christopher Satariano} \sim \mbox{Beau Hoppe}$

INTERMENT

St. Mary's Cemetery Rock Valley, Iowa

Please join Nita's family for lunch and fellowship in the church basement following the mass.