

WOMEN'S HOLISTIC HEALTH TEACHER TRAINING

this certificate of completion is proudly presented to

Adi Thoma

This course covered women's anatomy, the endocrine system, the nervous system, the reproductive organs, the menstrual cycle, the chakras, the moon cycle, hormones, common women's health issues, yoga for women's health, women's holistic health coaching and women's circle facilitation

Date 5th September 2022

Signature *Jessica Fleming*

