



*Certification in T3 Therapy: Optimizing Body
Temperature and Thyroid Function with Hormones,
Botanicals, Nutrition, and Lifestyle*

June 2022

The Association for the Advancement of Restorative Medicine proudly awards this diploma to:

Thauna Abrin, ND

for successfully completing the requirements to be Certified in T3 Therapy in Restorative Medicine. The T3 Certification Training is an integrative training in thyroid and metabolism function, support, and treatment.

Karan Baucom, MD

AARM Board Member

Michael Friedman, ND

Executive Director