



We live in a time of turmoil. As men, we live each day with pressure to fit various molds.

"Be this... don't be that."

Come apart this weekend to a place of quiet and beauty and listen to the voice of God speaking to your heart. Join our speaker as we open God's Word to discover what God is calling us to be and become as men. What does it mean to become a Man of God?

We'll also be bringing in top presenters to share seminars on men's issues including men's health, men's addictions, and more.

To Bring: Come dressed for winter weather. Bring a Bible, a swim suit, sleeping bag, pillow, towel, and toiletries.

Our Speaker: Minner Labrador *President, Upper Columbia Conference*

Dr. Minner Labrador, Jr. serves as president of the Upper Columbia Conference. He has assisted the NAD men's ministries department and most recently the NAD mission and strategic development department. He is the founder and creator of the men's ministries television series Old Man New Man. While in Florida, Pastor Labrador hosted a daily radio talk show, Divine Direction Life Radio.

Topics include: The Power of One Encounter, The Power of One Father, The Power of One Warrior

Seminar Presenters

Buford Griffith, Jr *Executive Secretary/PARL/Director of Family Ministries*

Pastor Griffith is an ordained Seventh-day Adventist minister with over 40 years of ministerial experience. He pastored in the state of Ohio for over 20 years followed by another 20 years in the Southwestern Union Conference, holding the positions of Vice President for Ministries and Director of Family, Men's Ministries and Sabbath School. Currently, Pastor Griffith serves as Executive Secretary and Director of Public Affairs and Religious Liberty, as well as maintaining Directorship of Family Ministries for the Southwestern Union. Pastor Griffith and his wife, Carmen, have been married 50 years and are blessed with three adult children and four grandchildren.

Seminar Topic: Strong Temple, Strong Man

Brenden Goertzen *Physical Education Instructor*

Brenden grew up in British Columbia, Canada. He graduated from Loma Linda with a MS in Speech Pathology and subsequently worked with kids from early childhood to high school. He has started several computer-based businesses. Currently, Brenden works part-time as a physical education teacher at Lake City Academy. He is the father of three children ages 10, 13 and 16.

Seminar topic: Honoring our parents through the end of their lives.