

Easy Breathing Face Soak Salt

1 1/2 cups Epsom Salt

1/2 cup coarse Sea Salt

1 cup Baking Soda

3 teaspoons Fractionated Coconut Oil

8 drops Peppermint Essential Oil

4 drops Eucalyptus Essential Oil

4 drops Rosemary Essential Oil

4 drops Lemon Essential Oil

Mix all dry ingredients together. Mix oils together.
Drizzle oils over dry ingredients. Stir to disperse oils.

Let air out for 24 hours.

Store in closed glass container.

Note: different brands of essential oils smell a little different. You can just play with quantities of the oils until the scent is pleasing.