

A P R I L 2 0 1 5

CARDEROCK SPRINGS COMMUNITY NEWS

CSCA ANNUAL SPRING MEETING SUNDAY, APRIL 26, 2015

6:30 PM Wine and Cheese Social, 7:15 PM Annual Meeting with election of officers and presentations by Artis Senior Living on the proposed Alzheimer's facility on River Road and a representative from the Quarry Project

Slate of Officers:

President - Jack Orrick

Vice President - Bill Moore

Treasurer - Rob Gorman

Secretary - Donna Schwartz

Membership - Barbara Ames

Club Liaison - Larry Ondrejko

Member at Large - Anne Carlson

Member at Large - Julie Weber

Member at Large - Stefan LoBuglio

All members of the community are encouraged and welcome to attend this important annual association meeting.

Carderock Springs Community Calendar

All events are at the Club unless otherwise noted

| <u>Day/Date</u> | <u>Time</u> | <u>Event</u> |
|------------------------|--------------------|---|
| Tues, April 21 | 2pm | <u>How Far Have We Come? The Life & Times of Country Doctor Edward Stonestreet in the 1800s</u> (page 3) |
| Sat, April 25 | 10–noon | <u>The Care of our Trees.</u> – Environmental Committee's Spring Program. Meet at the club (page 2) |
| Sun, April 26 | 6:30pm | <u>CSCA ANNUAL SPRING MEETING</u> , Wine and Cheese Social – Meeting with election of officers and presentation by Artis Senior Living and Quarry Project |
| Tues, May 19 | 2–4:00 pm. | <u>Seniors Program</u> – topic to be announced later |
| Sun, June 7 | 2–5pm | <u>Carderock Citizens' Association House Tour</u> |

The Carder-Eco Column

Environmental Committee's Spring Program

The Care of our Trees Saturday April 25, 10-noon, meet at club

Please try to RSVP, I would like to assure Conservation Montgomery that we will have a crowd, so before I invite a few other neighborhoods, it would be best if I had a rough estimate of how many of you intend to attend. Since it is hands on, I definitely don't want too many extras to detract from our own CS experience. Although I am not keeping a list, it would be great if you would send me a quick RSVP if you intend to attend dianekarlik@verizon.net

Grow It, Eat It April 18th annual demonstration event schedule below....free classes with no registration required lots of activities for all ages: grating, growing sustainable fruit, beekeeping, growing herbs for herbal teas, plant clinic, children's garden and pond, Boy Scout Merit badge, growing vegetables, mushroom culturing, vermicomposting and growing grapes and more. In Derwood, MD at the Agricultural History Farm Park--- <http://extension.umd.edu/sites/default/files/images/uploaded/4.18%20web%20schedule%20final.pdf>

Recycling Questions of the month

What do I do with containers that are made of mixed materials, such as a cardboard coffee can with metal lid attached?

The best environmental action is to cut them apart, and place the cardboard with paper and the metal in the co-mingled bin or with other small metals that you may collect for eventual recycling. One might also consider informing the vendor that you dislike this type of container and why, so that in the future, manufacturers might make it easier for us to recycle properly.

In the event that you do not want to trouble yourself with this, place your container into the regular trash, where the cardboard would be burned and the metal extracted from the ashes. Note that in MoCo our trash is burned by the Solid Waste Department at the facility in Dickerson, and used for energy generation, and that we do not currently use our land-fill.

What do I do with paint?

I just received a personal confirmation that now ALL paint, latex and oil, is accepted in the "hazardous" area of the transfer station. It is offered to non-profits. No more need to dry out your paint!

More on BPA

The American chemistry Council site, FactsAboutBPA.org. states that the European Food Safety Authority recently reconfirmed that bisphenol A (BPA) in plastics poses "no health risk to consumers of any age group" and the U.S. FDA says "yes...BPA is safe". Read to hear about their conclusions. This issue has arguments/studies on both sides!

More on GMOs

This is a wonderful website if you would like to find out which particular products manufactured by common brands/companies certify the ingredients as non-GMO. This is another issue that has proponents on both ends of the spectrum.

<http://www.nongmoproject.org/find-non-gmo/search-participating-products/?catID=4>

Diane Karlik (dianekarlik@verizon.net) CSCA environmental chair

New to our Neighborhood

Craig and Sheryl Aaron, and their sons Isaac 4 years and Zev 2, purchased 7806 Hamilton Spring Road recently. They will be moving in mid-April, and Craig’s mother Phyllis Posnerwith will join them. You can reach Sheryl on Sherylaaron@gmail.com or 202-441-9982.

New to 8307 Comanche Court are Oliver and Gopika Spaenle and their children Zoe (age 7) and Mia (age 5).

Mary Lou Shannon, Welcome Chair

Not Just for Seniors, MeetUp Spring Program at Carderock Springs Clubhouse Tuesday, April 21, 2015, 2 PM.

We hope you marked your April calendars last month when we announced the following Montgomery County Historical Society (MCHS) program and that we will see you at the clubhouse!

The Life and Times--THE COUNTRY DOCTOR IN THE 1800s

Come hear Dr. Edward E. Stonestreet, as portrayed by MCHS’s uber volunteer Clarence Hickey in period attire and his 1885 medical bag, tell us about life and historic times when he practiced medicine in Montgomery County from 1852-1903. Dr. Stonestreet served three tours with the Union Army during the Civil War; ministered to the poor at an almshouse on Falls Road; was a lay preacher in his church; and became the County’s 1st public health officer.

Articles on Mr. Hickey’s interpretations and reenacting have been published in numerous publications including AMA’s American Medical News (he’s not a medical doctor but plays one – sound familiar??), the Washington Post, The Beacon, and Bethesda Magazine to name a few. It is based on the speaker’s 2009 biography ***Send for the Doctor*** which chronicles Dr. Stonestreet’s medical education and 51-year medical practice of house calls and office visits as loyal family physician and surgeon responding to accidents and injuries serving in Rockville and the county.

Following his presentation, Mr. Hickey will step out of character to answer any questions you may have.

This is sure to be a very interesting program for almost any age – tell you friends! ...And there will be light refreshments!

Please contact Elaine Honig, 301-469-7783, or jhonig@comcast.net if you have any questions about the program.

Architectural Review Committee Meetings

1st Wednesday of the month, 7:30 pm

The Citizens' Association has an Architectural Review Committee (ARC) meeting on the 1st Wednesday of each month at the Clubhouse. If you are considering an addition or exterior modification of your home, submit your plans for review by the 20th of the month. Design and review procedures plus other documents are available at CarderockCitizens.org. The ARC was created by the covenants which govern your property in Carderock. ARC meetings are open for any & every community member to attend, whether you are renovating or not.

Classified

Looking To Rent: Basement apartment or similar (private space with private bath). Cabin John renter for many years, quiet, responsible with Cabin John and Carderock references. Please call Carolyn (240) 204-2953

Save the Date:
Carderock Springs Citizens' Association
House Tour
Sunday June 7, 2015, 2 – 5 pm.

Come tour a number of recently renovated homes in Carderock Springs and get ideas on ways your neighbors have updated their homes. More details to follow.

Carderock Springs Board Members

| | |
|---|--------------------------|
| <i>Phil Rider</i> | <i>President</i> |
| <i>Jack Orrick</i> | <i>Vice President</i> |
| <i>Donna Schwartz</i> | <i>Secretary</i> |
| <i>Rob Gorman</i> | <i>Treasurer</i> |
| <i>Barbara Ames</i> | <i>Membership</i> |
| <i>Larry Ondrejko</i> | <i>Member-at-Large</i> |
| <i>Anne Carlson</i> | <i>Member-at-Large</i> |
| <i>Bill Moore</i> | <i>Member-at-Large</i> |
| <i>Noëlle F. Lewis</i> | <i>Newsletter Editor</i> |
| <i>Doug Soe-Lin, Scott Wilets, David Wahl</i> | |
| <i>Architectural Review Committee</i> | |

The Carderock Springs Citizens Association publishes The Community News at least six times each year. Residents of Carderock Springs and surrounding areas may join the Citizens Association for an annual due of \$50 for a membership year ending December 31, 2015. Dues and family information for the Carderock Springs telephone directory may be mailed to the Carderock Springs Citizens' Association at P.O. Box 237, Cabin John, MD 20818-0237. Our Association represents the Carderock Springs community and implements its land covenants.