

### Degrees and Certificates – Universities/Colleges

University of Cincinnati - Bachelors of Fine Arts - Art Education – 1973

University of Cincinnati – Master of Fine Arts - Art Education – 1975

The Wharton School – Business Management Certificate – 2003

University of Pennsylvania - Fundraising Certificate – 2005

### Energy Work – Certifications, Training, Self Study

Trained Polarity Therapy – 2006 – 2008 – Instructor: Darlene Nishizaki, Montrose, CA – Now deceased.

Certified Emotion and Body Code Practitioner – 2011-12 – Dr. Bradley Nelson

#### Self Study:

- Access Consciousness – Gary Douglas and Dain Heer – 2009 - 20012: Books and various online videos Including: Embodiment – Dain Heer; Money Isn't the Problem – You Are - Gary Douglas and Dain Heer
- Spiritual Response Therapy – Robert E. Denzler – 2014 – Spiritual Healing, Soul Re Creation – Develop Your Cosmic Potential (there were no certification courses available at the time).
- Frequency Healing – 2014 – 2015 - The Healing Codes – Spiritual Self Healing System – Dr. Alexander Lloyd; the work of Dr. Royal Rife
- Resonance Science Foundation – 2015 – Delegate in Unified Science – Nassim Haremein

### Founder: Awakening Frequencies – 2015 – The Art of Being Healthy

Awakening Frequencies is a new paradigm of energy healing, based in Unified Science. It assists us to balance the positive and negative influences in our life, by working with our Personal Frequencies to insure they are active, engaged and aligned to support our health on all levels, physical, mental, emotional and spiritual. The goal is to maintain a neutral overall Energetic Blueprint to support our overall health and wellness. Just like any battery, we require both a positive and negative charge that communicates clearly and efficiently and therefore enables us to fully function. Awakening Frequencies restores balance to the many opposites, conflicts and traumas that we encounter in our lives, by uncovering the Energetic Influences that are the root cause of illness and disease: physical, mental or emotional and then activating one or more of the 474 Universal or Generic Healing Frequencies.

#### Brief Overview of Awakening Frequencies - Four Sections:

- Alignment Interferences – 116 Categories - Energetic Influences that cause misalignment in one or more aspects of the Whole Body.
- Medical Models – 111 - Groups of Energetic Influences that contribute to or cause symptoms of traditional illnesses such as Epstein Barr. Traditional Medicine groups symptoms and gives the group of symptoms a name. The symptoms of one Medical Model often overlap with symptoms of other illnesses, therefore identifying the true roots or cause can be difficult. For example, if the medical diagnosis is Fibromyalgia, yet the Energetic Influences making up the symptoms are actually those that align more with Inflammatory Myopathy, the roots are not fully addressed and cannot “repair, heal and be restored complete”. Each Medical Model may exhibit as physical symptoms for the client or may be asymptomatic, as many Medical Models may take time to manifest actual symptoms, regardless, they do impact our overall health and wellness by overloading our Personal Frequencies.
- Aberrant Behaviors – Totaling 788 - Behaviors that cloud our thinking, points of view and impact/interfere with our ability to manifest fully our life purpose, mission, hopes, dreams and intentions. They are modes of operation that we adopt or incorporate into our daily lives, due to traumas or genetic dispositions, they may also be “programmed” for us by external sources. We “adopt” them as true, in essence becoming persistent or chronic behaviors or behavioral patterns that we are unable to step out of or away from, regardless, the frequency of the behavior is often seen or felt by others and can influence their interactions with us and hence ours with them.
- Universal Healing Frequencies – Total – 474 – Each identified by a unique numerical sequence.

How does this help clients?

My approach is to integrate these modalities in sessions, as guided by the client's sub-conscious, as they know the tools I have that to work with that will best resolve the client's issue(s) and concern(s), ultimately restoring balance to those aspects of the Whole Body that have become unbalanced. Sessions may involve one or more modalities. This integrated approach has proven helpful to the vast majority of clients who sought various other remedies without long standing results.