



National Board for Health & Wellness Coaching

attests that

Catherine Gerdes

ID A-3240794

has passed the Health and Wellness Coach Certifying Examination and fulfilled all the requirements of the Board, and is hereby granted the title of

**National Board Certified Health & Wellness Coach
(NBC-HWC)**

National Board Certified Since December 1, 2020

December 1, 2020- November 30, 2023

Current Certification Dates

Ruth Q. Wolever, PhD
Certification Commission Chair,
National Board for Health and Wellness Coaching