

Do You Know These 5 Things About Your Spouse?

How well do you *really* know your spouse? For instance, do you know these five things?

Their dreams

Do you know their dreams and passions?

A person's dreams say a lot about who they are as a person. Take this opportunity to get to know your spouse more intimately.

Championing each other's dreams deepens intimacy and breeds happiness. What can you do to make their dreams come true?

Their love language

There are five love languages: words of affirmation, acts of service, gifts, quality time and physical touch.

- If you tell your spouse, "I love you" but their love language is physical touch, even though they heard your words, chances are they didn't feel your love because they receive love through physical touch such as a hug or holding hands.

- Perhaps your love language is acts of service. So you prepare their favorite meal as a way of saying, "I love you." But if their love language is words of affirmation, chances are, although they appreciate what you did for them, they didn't fully receive the love you showered upon them.

What love language do you need to use in order for your spouse to feel loved?

How they handle difficult situations

Some people find it hard to talk "right now" when facing a difficult situation. Others prefer to talk about the situation extensively.

Just because your spouse is rather quiet when facing challenges or difficulties doesn't mean they have a problem with you or the marriage. So don't take their silence as a sign of disapproval.

When they're upset

Although this might be similar to how your spouse deals with difficult situations, what we're talking about here is how they act when they're angry, hurt or upset.

Do they prefer to talk things through or wait until the dust has settled and they've had a chance to collect their thoughts and everyone is calmer?

Do they want a listening ear, a little space, a hug or a cupcake (go with the cupcake my friend:)

Medical Needs

You probably know this one already. But what are your spouse's medical needs and wishes? You are their advocate whom they rely upon to ensure they receive proper medical treatment and that their wishes are honored.

Of the five things we've discussed, which one would you like to know better about your spouse?

Knowing these five things won't necessarily create a perfect marriage but it sure will create a happier one.

Until next time, this is Mike Tucker and I want YOU to be mad about marriage!