

Certificate of Completion



Janna Yost

License #:

has completed all requirements to receive CE or CME credit for this non-live distance learning activity

Nutritional Psychiatry Training for Healthcare Professionals

led by **Drew Ramsey, MD**

This certificate is granted on Feb 07, 2021, documents your successful completion of the non-live distance learning activity. This professional continuing education activity was sponsored by the Institute for Better Health (IBH), PO BOX 5710, Santa Rosa, CA 95402, 707-668-2030, whose continuing education program has been approved by the organizations listed below and jointly sponsored by Brain Food. Except where otherwise noted, IBH, as the approved sponsor, maintains responsibility for the program. IBH designates this live offering for 10.25 hours of CE/CME credit.

Counselor - NY Institute for Better Health, Inc (IBH) is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0063. This course is approved for 10.25 contact hours.

Educators - WESPSB The Institute for Better Health has been approved by the Washington State Professional Educator Standards Board (WESPSB), a member of NASDTEC, as a Clock Hour Provider for Educators. Learners may claim 10.25 hours for this activity. Please contact your individual state boards for information regarding reciprocity and any additional requirements.

Nursing - ANCC Institute for Better Health, Inc is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. This course is approved for 10.25 contact hours.

Nursing - CA IBH is approved by the CA Board of Registered Nursing (BRN Provider CEP #2672) for 10.25 contact hours.

Psychologists - APA Institute for Better Health is approved by the American Psychological Association to sponsor continuing education for psychologists. Institute for Better Health maintains responsibility for this program and its content. This course is approved for 10.25 contact hours.

Social Work - NY Institute for Better Health, Inc. (IBH), formerly IAHB, is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0091. This course is approved for 10.25 contact hours.

Physicians ACCME This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the Institute for Better Health and Brain Food. The Institute for Better Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. Institute for Better Health designates this live activity for a maximum of 10.25 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

NY Psychology Institute for Better Health, Inc. is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0007.

A handwritten signature in black ink, appearing to read "Spencer Smith".

Spencer Smith, IBH Executive Director

Please retain this Certificate for a period of seven (7) years.

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