

BOOST YOUR COVID IMMUNITY NATURALLY

Friday June 11th, 7:00-8:30pm (includes 30-minute Q&A)

Your Genes and Your Risk of Covid

Studies show that chronic diseases increase our risk of Covid, and that over two-thirds of US citizens have chronic diseases. But, do you know we can 'turn off' our chronic disease genes, and lower our risk of Covid? This can be done in a matter of days with a few critical lifestyle changes. Dr. Kelly will present the scientific evidence on how this can be done, and share patient case histories of those who have successfully done it.

Saturday June 12th, 11:00am-noon

God's Provision for Health—the Adventist Health Message

Is God not as willing to heal in our modern time as He was when He walked this earth? Absolutely, He is! So then, why are so many suffering from Covid and other diseases? Dr. Kelly will share some lesser-known counsels and instructions from God for how He performs healing in our post-modern age.

Saturday June 12th, 2:00-3:30pm (includes 30-minute Q&A)

What Every Body Needs FOR HEALTH

Everything needed to support optimal vitality and nurture peace and happiness was provided at the beginning of creation. Barbara will identify nine key natural resources still at hand that everybody can use to help boost immunity, prevent disease, and help achieve the best health possible.

Saturday June 12th, 4:00-5:30pm (includes 30-minute Q&A)

Natural Remedies, the Immune System, and Covid

Studies reveal that SARS-CoV-2 is kept at bay in asymptomatic people by their innate immune system, not the cell-specific system which provides long-term immunity memory. Some simple, natural remedies have been found to activate the very parts of the immune system needed to help that happen. Dr. Kelly will present the scientific evidence and explain how this works, and share personal case histories of some who have used these remedies to fight Covid, and other infectious diseases.

Presenters:

John Kelly, MD, MPH, Lifestyle Medicine Specialist
Physician, Master of Public Health, International Speaker



Barbara Sparks MA, RN, BS
Registered Nurse, Health Educator, and Nutritionist



**Location: North Valley Seventh-Day Adventist Church Auditorium
4700 Northridge Lane, Roanoke, VA 24019
Admission is Free**