



Junior Performance Pathway



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Program Overview

Squash NSW Junior Performance Pathway is open to all NSW juniors regions across the state to assist in the rebuilding of grassroots and junior development, to help each athlete reach their highest potential in the sport.

The Development of the pathway aims to align coaching and Support, development goals DTE Daily Training Environments, competition and performances at stages throughout the pathway and will give support to the athletes and their individual development.

The pathways have been established in order, to ensure we are providing a level of support and guidance to juniors. raising awareness, give direction, understanding and encourage participation at all levels.

The Performance Pathway for NSW juniors will combine its pathway with a Selection Criteria released for those athletes wishing to be considered and eligible for State Representative positions.





Junior Pathway

From the 1st of August each year the new season and JPP Junior Performance Pathway commences.

There are 4 stages to the JPP and they are determined by fundamental skills and abilities, support, progression through the rankings, performances, and the ability to train at each stage throughout the pathway

- Regional Development
- Development
- Rise
- Aspire

Regional Coordinators will identify and work back with the State Coach to categorise players into 1 of the 4 groups

The Aspire, Rise and State Development categorised athletes will be invited to the State Performance Pathway Camps – held 4 times across the 12 months.

JPP Pathway Regions

For the junior pathway to commence 6 regions have been established across the state.

- Sydney
- Western
- Northern
- Southern
- South Coast
- Hunter

Within the 6 regions a coaching coordinator will run regional camps within the specific region throughout the year.



Athelete Catergorisation



Focus on providing the first level squad for the younger and developing players.

Its goal is to continually feed and develop the pool of players from Regional clinics, camps and Bronze events, as well as events such as Green shield.

Aimed at players competing in clinics and Bronze Events

For players who continue their progression in the sport that show continued improvement and development.

Goal is to keep this pool of players progressing at their individual rate, and that are starting to move through the rankings and age groups.

Focus on players learning how to train – players that are in the train-to-train phase.

Aimed at players competing in Silver and Gold Events.

Rise - ability based and brings together the best players in the state on a regular basis providing on court, off court support whilst delivering a wider support mechanism to ensure the players long term personal development.

Aim is to feed players into the State Team and Squash Australia Next Gen Squads

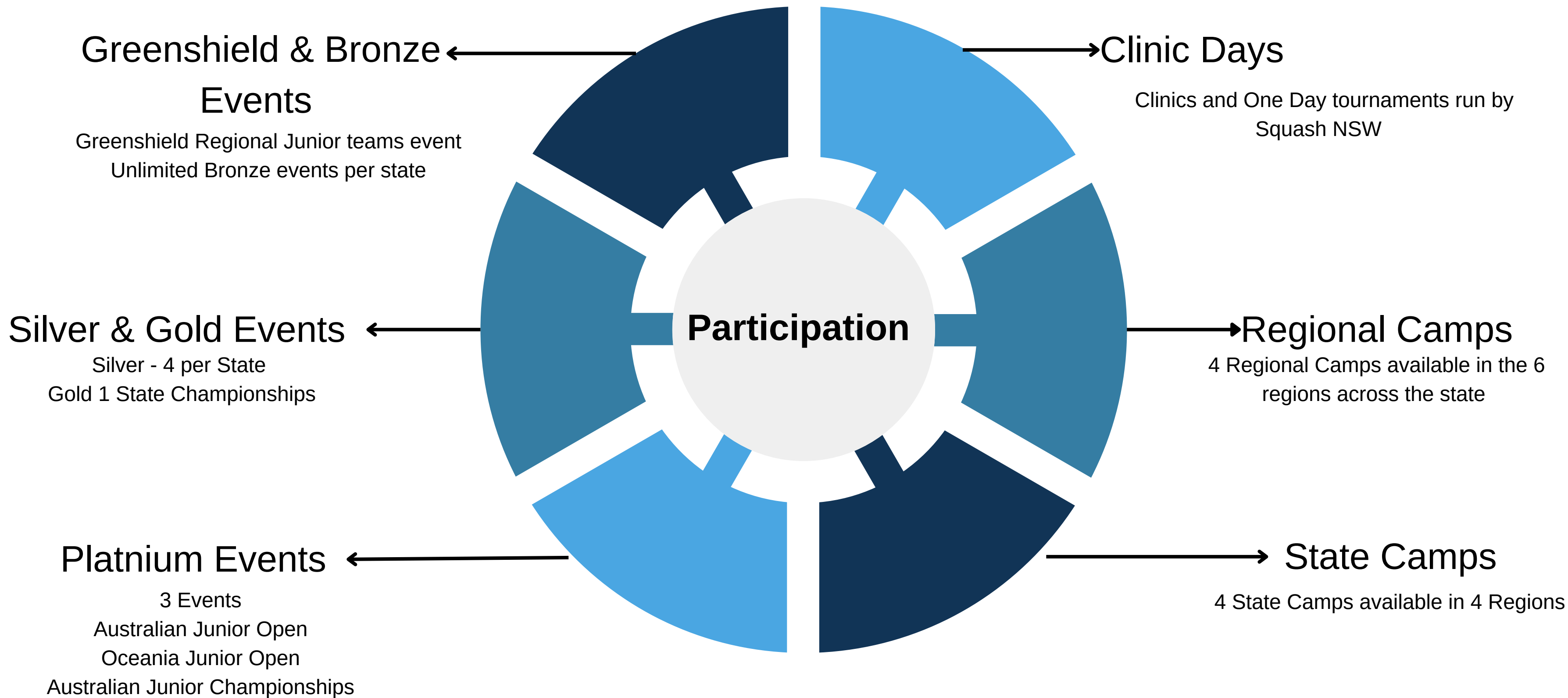
Aimed at players competing in Silver, Gold and Platinum Events.

The Aspire Group's goal is to feed and develop the selected players to be ready to progress to National Junior Talent Squads and potentially represent Australia at World juniors and Individual events.

Preparing players and equipping them to compete on the PSA World Tour or continue to play in the sport at a high level in Australia.

Aimed at players competing in Silver, Gold and Platinum Events, and International Events

 CLINICS	 REGIONAL CAMP	 STATE CAMP	 STATE TEAM CAMP	 PERFORMANCE PATHWAY CAMP
<p><i>Introduction</i></p> <p>First introduction for juniors from grassroots to State based training. Combine with Bronze level tournaments. Aimed at players looking to improve and experience training camps locally, and engage local Clubs. Increase opportunity to coaching and resources.</p>	<p><i>Experience</i></p> <p>Local Region Camp for players looking to improve skills abilities, leadership communication, and progress through the ranking and age groups Develop fundamentals and refine Squash techniques First step in pathway and gives opportunity for players at all levels to further develop their skills and participation One day Camps are open to all levels of Categorisation athletes.</p>	<p><i>Excel</i></p> <p>State Training Camps invitation only aim at players catergorised at State Development, Rise & Aspire. Analyse performance and identify strategies for improvement. Establish, refine and focus on short, intermediate and long term goals Instil motivation to achieve the individual's potential Aims to enhance athletes' skills, readiness, and personal growth to excel in Squash at various levels of competition.</p>	<p><i>Team Camp</i></p> <p>Players Selected in the NSW State Team. Compulsory camp held before the Australian Junior Championships State Camp promotes the value of team spirit for the benefit of the team and the individual</p>	<p><i>Higher performing</i></p> <p>State Pathway Lead and Squash Australia invitation only Camp. Delivered by SPL and Squash Australia High Performance Team.</p>



2024 Eligibility Selection Criteria

Registration

- Complete registration form online.

Behavioural

Demonstration of exemplary behaviours and sportsmanship on and off the court over the last 12 months.

Sport Integrity

U/13s and Above Age Groups

Must complete the Squash Australia Recommended

Sport Integrity Courses

<https://elearning.sportintegrity.gov.au/login/index.php>

Membership

- Financial member of Squash NSW

Tournaments

- 2 x Bronze tournaments (NSW Bronze Events)
- 2 x Silver tournaments (NSW Silver Events)
- 1 x 2024 Squash NSW Junior State Championships - Compulsory

Pathway Camps

- 2 x Regional Pathway Camps (1 day camp)
- 2 x State Pathway Camps (2 day camp)
- State Team Camp - 1 x camp (selected NSW State Team members only)

Eligible players will be considered for selection in the State Representative Team based on:

- Performance Benchmark rating
- State Junior ranking
- Australian junior ranking
- Results achieved in junior tournaments from August 1st, 2023- up to and including the State Junior Championships 2024.

*Please note that the eligibility criteria may be subject to change, if necessary, at the discretion of Squash NSW due to restrictions or other impediments caused by unexpected circumstances.

Information **Contact Us**

For more information or enquires

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