

TRANSCRIPT OF RECORDS

Family name: Haapanen
First name: Saara
Student number: 3119824682
Date of birth: 28.7.1984

Study rights:

Type: Study right for bachelor's and master's degree studies
Target degree: Master of Sport Sciences
Major subject: Sport Psychology
Degree program: MDP in Sport and Exercise Psychology
Faculty: Faculty of Sports and Health Sciences
Validity: 1.9.2007 - 6.11.2009

Type: Study right for licentiate and doctoral studies
Target degree: Doctor of Sport Sciences
Major subject: Sport Psychology
Faculty: Faculty of Sport and Health Sciences
Validity: 2.11.2009 -

Type: Study right for licentiate and doctoral studies
Target degree: Licentiate of Sport Sciences
Major subject: Sport Psychology
Faculty: Faculty of Sport and Health Sciences
Validity: 2.11.2009 -

Degrees completed at the University of Jyväskylä:

6.11.2009 Master of Sport Sciences,
Faculty of Sports and Health Sciences
Major subject: Sport Psychology
Extent of degree: 121 ECTS cr

Studies completed for the degree of Master of Sport Sciences:

Advanced Studies in Sport Psychology

Completed on: 26.8.2009

Grade: Very good

Courses included in the study module:

LPSS001	Orientation to Studies	31.12.2007	PASS	S	2 ECTS cr
LPSS002	Information Systems of Sport and Exercise Psychology	22.1.2008	PASS	S	2 ECTS cr
LPSS004	Advanced Knowledge of SEP 1	25.1.2008	4	S	10 ECTS cr
LPSS005	Quantitative and Qualitative Research Methods	13.5.2008	4	S	4 ECTS cr
LPSS006	Intercultural Interaction Skills	14.12.2007	PASS	S	4 ECTS cr
LPSS009	Master's Thesis Seminar 1	24.1.2008	PASS	S	3 ECTS cr
LPSS010	Master's Thesis Seminar 2	22.5.2008	PASS	S	4 ECTS cr
LPSS011	Master's Thesis Seminar 3	17.12.2008	PASS	S	3 ECTS cr

LPSS012	Master's Thesis Seminar 4	20.5.2009	PASS	S	5 ECTS	cr
LPSS015	European Dimensions in SEP	2.7.2009	3	S	10 ECTS	cr
LPSS016	Advanced Knowledge of SEP 2	31.12.2008	5	S	10 ECTS	cr
LPSS022	Advanced Research Methods	9.12.2008	5	S	3 ECTS	cr
LPSS023	Professional Development and Practicum	26.8.2009	PASS	S	12 ECTS	cr
LPSS026	Practical Research Training	23.4.2009	PASS	S	7 ECTS	cr
LPSS027	Masters's Thesis	26.8.2009	A	S	30 ECTS	cr
						109 ECTS cr

Communication and language studies

XENX009	Integrated Research Communication	27.5.2008	PASS	M	4 ECTS	cr
XENX031	Project and Conference Skills	31.10.2007	PASS	M	2 ECTS	cr
XSU0024	Intensive Grammar	7.11.2008	PASS	M	2 ECTS	cr
						8 ECTS cr

Social Sciences of Sport

LYTS520	Sport and Tourism	4.11.2008	4	S	4 ECTS	cr
						4 ECTS cr

Studies in Sport Sciences

LTKS001	Maturity Examination (Master)	18.5.2009	PASS	S	0 ECTS	cr
						0 ECTS cr

Other studies¹⁾

Communication and language studies

XEN0060	Research reporting in English	25.3.2010	4	M	4 ECTS	cr
XENA001	Academic Writing Modules: Consultation Module	26.3.2010	PASS	M	1 ECTS	cr
XENA004	Academic Writing Modules: Citation and Referencing	22.4.2010	PASS	M	2 ECTS	cr
XSUX004	Texts in Finnish 1	23.11.2009	5	M	2 ECTS	cr
						9 ECTS cr

Contemporary Issues in Human Development

CIHD004	Crises, Chronicity and Social Networks	2.6.2010	5	A	3 ECTS	cr
CIHD005	Experimental Developmental Psychopathology	6.4.2010	3	A	3 ECTS	cr
CIHD022	Cultural Human Development	19.3.2009	5	A	3 ECTS	cr

CIHD023	Developing Effective Learners	15.12.2009	5	P	3 ECTS cr
CIHD028	Life Course, Motivation and Health	15.1.2009	3	A	3 ECTS cr
					15 ECTS cr

Method Studies in Human Sciences

IHMJ101	Theory of Science	15.5.2010	PASS	J	5 ECTS cr
IHMJ103	Research Ethics in Human Scientific Research	2.12.2009	PASS	J	2 ECTS cr
IHMJ220	Mplus Course	31.5.2013	PASS	J	1 ECTS cr
IHMJ309	Discourse Analysis Clinic	24.2.2010	PASS	J	2 ECTS cr
IHMJ310	Atlas.ti and Video Analysis	17.2.2010	PASS	J	4 ECTS cr
					14 ECTS cr

Sport Psychology

LPS0508	Emotions in Sports	10.7.2008	3	S	4 ECTS cr
LPS0J01	Postgraduate Seminar in Sport and Exercise Psychology	31.5.2010	PASS	J	3 ECTS cr
LPSS003	Developmental Exercise Psychology	25.8.2008	3	S	6 ECTS cr
LPSS017	Stress and Coping	21.12.2007	5	S	5 ECTS cr
LPSS020	Psychology of Coaching	13.5.2008	3	S	5 ECTS cr
LPSS021	Current Issues in Sport and Exercise Psychology	12.4.2010	4	S	8 ECTS cr
					31 ECTS cr

Studies in Sport Sciences

LTKY008	Lecture Pass in the Field of Sport and Health Sciences	31.7.2010	5	J	1 ECTS cr
					1 ECTS cr

Total credits of studies not included in a degree	70 ECTS cr
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Credits in total	191 ECTS cr
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I HEREBY CERTIFY THE ABOVE TRANSCRIPT OF RECORDS

Jyväskylä 8.7.2019 _____

Abbreviations:

Y=General Studies, P=Basic studies, A=Intermediate Studies, S=Advanced Studies, J=Licentiate and doctoral studies , M=Other studies

Courses marked with the * sign are transferred from another institution of higher education.

¹⁾The University of Jyväskylä has implemented the method to apply completed courses to degrees since autumn 2005, mainly from 1 August 2008. The method has been used comprehensively for degrees completed on 1 March 2016 and thereafter. Most courses completed before that have not been applied to a degree. Therefore, they are visible in the section for studies not included in a degree.

GRADING SCALE OF COURSES AND ASSIGNMENTS:

Excellent (A)	5
Very good (B)	4
Good (C)	3
Satisfactory (D)	2
Sufficient (E)	1

Pass (PASS)

Fail (FAIL)

The courses in Swedish as the second language are assessed only by the scale TT (satisfactory) and HT (good), because these courses, when completed as a part of degree, are also regarded as proof of the command of the second native language required of personnel in public bodies

ASSESSMENT OF THESES AND DOCTORAL DISSERTATIONS:

Excellent (A)	5
Very good (B)	4
Good (C)	3
Satisfactory (D)	2
Sufficient (E)	1

Laudatur	L
Eximia cum laude approbatur	E
Magna cum laude approbatur	M
Cum laude approbatur	C
Non sine laude approbatur	N
Lubenter approbatur	B
Approbatur	A

Pass = HYV

Good = H

Excellent = ER

Pass with honours = KH

Pass = HYV

Degrees, courses and studies in general are measured in ECTS credits (opintopiste in Finnish). One year of full-time studies corresponds to an average input of 1,600 hours of work by the student and amounts to 60 ECTS credits.

A bachelor's degree is composed of 180 ECTS credits and can be completed in three years. A master's degree is 120 ECTS credits and can be obtained in two years, with the exception of psychology. In psychology the extent of the Master's degree is 150 ECTS credits.