

EVERGREEN SQUASH CLUB OF WEST VANCOUVER

COVID-19 Reopening Guidelines Phase 5 Updated per Health Order Nov.7, 2020

General Information:

Restrictions will limit the number of members in the club at one time to less than 25 and implement safety and cleanliness guidelines:

1. New Temporary Club Hours: Note: Staff onsite during all open hours to clean/monitor. Member key fob access is limited to open hours.
 - Monday, Wednesday, Thursday -Thurs 9:00am-9:00pm
 - Tuesday, Friday 7am-7pm
 - Weekends 9:00am-6pm
2. Masks mandatory in all areas of the club, except on courts, in the gym and when using cardio equipment. Signage posted at entrance and around club.
3. Sanitize hands upon entering club. Signage posted.
4. One shower in each change room will remain open. Signage posted in shower area re: NO Spitting, nose blowing, coughing in shower...and please rinse stall after use. Signage posted re: Maximum numbers in change areas at one time (5 in each change room). Staff will monitor to ensure no loitering.
5. No towel service (or emergency towels) at this time.
6. New cleaning budget and strategy:
 - ✓ Increase cleaner to 5 days per week (Mon, Wed, Thurs, Sat, Sun). @2hrs/3x per week, @3hrs/2x per week for deeper clean of club.
 - ✓ 2 days (Mondays & Fridays) Hank (or other) on duty at 7:00am and will do a.m. clean of showers.
 - ✓ Afternoon staff to clean showers at least once during their shift. This would mean showers get cleaned 2x each day.

Unchanged from previous Phases:

7. Absolutely **NO** guests at this time
8. We **ARE** accepting trial memberships. Trial Members to be advised in person of safety procedures in place.
9. **Covid-19 waiver** MUST be filled out and submitted to the office prior to using the club. This is a ONE-TIME waiver.
10. A one-page **Health Declaration** MUST be filled out **every time** you are at the club. These are at the front desk and also online (QR code and signage posted at entrance and around club)
11. Staff to continue monitoring Health Declaration submissions and will focus on being out in the club ensuring that rules are being followed. Staff will also continue to clean courts, monitor garbage, re-stock cleaning stations, wipe equipment and other high touch zones.
12. **Hand sanitizing** stations have been set-up all around the club. Signage posted re: All members to sanitize upon entering the club, before and after play/workout.
13. No socializing – enter, play or workout, clean, leave.
14. **To be in the club you must have a booking.** Parents (non-members) of young juniors must drop-off and pick-up at the front entrance.
15. Members asked to bring own **Water bottle.** **New hands-free Water Station at front entrance.** kitchen areas on both floors have been closed off as well as main floor old water fountain.
16. Steam room will **stay closed** at this time.
17. Members to spray down any bench area used in the changeroom. Members to adhere to marked off areas to maintain social distancing. Signage posted.
18. **Entrance & Exits:** Maintain 'one-way' traffic in the club. Members to follow the red arrows on the floor marking the way to 3 exits. Signage regarding exiting is posted around club.
19. If a member must go **against the flow** of the arrows, i.e. go back to the changeroom, or up to the gym, he/she must wear a mask and allow those following the directional arrows the right of way, **keeping 6'0" social distance!**
20. Increased signage and monitoring throughout Club to control movement, spacing, masks, etc.

21. Pro Shop:

- Cathy/other staff will wear a **mask** at all times during interactions with members
- One staff member and **one other** person wearing a mask in the Pro Shop at the same time maximum.
- Sanitize hands prior to entering Pro shop, or accepting a demo racquet
- Demos sanitized after each session.
- **Debit and credit via tap are current preferred methods of payment**

Court Usage Guidelines continued from earlier Phases:

- Do not enter club until 5 minutes prior to booking.
- Members must use **sanitizers** on hands before entering the court.
- Please keep extractor **fans on** at all times! Put the fan on when you leave.
- Members are asked to **remain on court** for the entire booked period. Opening the door for water bottle access should be done with caution. If you must go back to the fountain for a drink, wear your mask!
- No chatting or stretching in the hallways!
- No wiping hands on walls
- Singles Court bookings are staggered, 1 hour bookings to allow for:
 - ✓ **45-minute play**
 - ✓ **5 minutes** of cleaning all door handles and surfaces touched, using cleaner provided/exit area
 - ✓ **10 minutes** to let the air settle and clear the area for next players – keep fan ON.
- Doubles court bookings have been changed to 75 minutes to allow for:
 - ✓ Full **60 min.** play
 - ✓ **5 minutes** of cleaning all door handles & surfaces touched, using cleaner provided/exit area via court 5/6 door.
 - ✓ **10 minutes** to let air settle & clear the area for next players.

Court Usage in Phase 5 – Nov 7 Update:

Note: Bookings have been adjusted back to all non-prime in order to allow “solo” bookings at all times.

- Solo bookings on any court
- Those of the same household may play on any court
- 2 players may do socially distant drills on any court (i.e. 6’ apart during entire session)
- Maximum 2 players on any court, including doubles.
- All names **MUST** be on booking sheet for possible contact tracing purposes.
- Protective eyewear strongly recommended (mandatory on doubles court if using hardball)
- Face masks or face shields strongly recommended
- **Coaching: Allowed in Phase 5 / Nov.9 update**
 - ✓ Maximum 1 player on court plus coach (coach wears mask)
 - ✓ Junior clinics currently suspended

- ✓ mask recommended but not mandatory for those being coached

Gym & Equipment Usage Phase 5 – Nov 7 Update

- Gym and cardio machines must be booked on SportyHQ (select “solo practice”)
- Gym can be booked by one person only.
- 1 person may use the gym per booking, or same household.
- For personal training sessions, trainer (Hank) must wear a mask.
- Note: If you haven’t booked the gym, you should not be in there!
- Windows to remain open in gym and cardio areas
- Members must use **hand sanitizer** before entering the gym or using a machine.
- Members must **wipe down** all equipment and mats, etc. after use, **using spray cleaner** provided.
- Gym and equipment bookings will be staggered **60 minute** sessions to allow for
 - ✓ 45 minutes of **workout**
 - ✓ 5 minutes of **cleaning** all equipment and surfaces touched
 - ✓ Put all weights/balls/bands/benches back where they belong before leaving!
 - ✓ **10** minutes to let the **air settle** and clear the way for next members booked.
 - ✓ **Signage posted in gym and in cardio area.**

Disciplinary Process (for those not following current protocols):

1. First violation - Verbal warning
2. Second violation - written warning with note that club privileges may be removed
3. Third violation – club access denied (fob de-activated) and written notification of this. Member may appeal to the BOD for reinstatement.