

# Stages in the Life of Faith with Gail M

An exploration of our faith journey - where we have been, where we are now and what does the future look like? Based around contemplative and prophetic prayer exercises with a few spiritual disciplines thrown in.

Wednesdays 21 & 28 July, 4 & 11 August. 7.30pm. Esther room & on zoom

# Book Club - Pete Grieg's 'how to pray' with Marcus S

Meeting each Wednesday at 8 in person and on Zoom to talk about the book and its impact. Pete's writing will guide you deeper in your relationship with God making you more centred, more aware of God's voice, more likely to see breakthroughs and more able to make sense of your unanswered prayers, too. Wednesdays 21 & 28 July, 4,11,18 & 25 Aug 8pm - Samuel Room & on zoom

### Making sense of the Old Testament with Hazel C

Two Monday sessions taking a deeper dive into the Old Testament with materials from the Bible Project. Booking is essential as numbers are limited. The session will be repeated each day - so choose between 3pm and 8pm Mon 9 Aug - the Book of Amos 3pm Esther room or 8pm on zoom Mon 16 Aug - Ecclesiastes 3pm Esther room or 8pm on zoom

#### Self worth and self esteem with Emma J

Three sessions for women, particularly mothers and carers of girls, but all women are welcome. Drawing on the work Emma does in schools these sessions will help us explore how to grow together into emotionally healthy women, as God made us to be.

Mondays 26th July, 2nd & 9th Aug 8pm in the Samuel room

#### A creative response with Donna and Nigel W

4 sessions to work on an artistic item with simple scroll-saw woodworking, glass work and textile crafts. Includes creative discussion, ideas and working on your project. We'll consider a bible passage or phrase and explore how to express this. No experience needed, open to all, Numbers will be limited. **At Donna & Nigel's on Mondays 26 July, 2, 9 & 16 Aug at 7.30pm** 

# Big ideas with Seven P-L

Three cafe evenings to think about some big ideas, trends and cultural shifts 4th August: Chaos, quantum and a God who plays dice 18th August: Loo roll, onlyfans and cancel culture: A theology of (im)purity 25th August: Faith is a wake. Life after the death of God Wednesdays In Kings Cafe 8pm 4, 18 and 25 Aug

#### Anchored with Traci P

4 Bible-study based sessions on trusting in troubled times. Looking at prevailing over difficulties, holding fast to God's promises, perseverance and being victorious.

Wednesdays In the Joel room 7.30pm 4, 11, 18 and 25 Aug

#### Parenting for faith - babies & toddlers

4 or 5 sessions mixing ideas, video, conversation and laughs for new parents navigating the journey of faith with the youngest of children! If you have a baby or toddler this is for you. 'Teach these things to your children' - yes, but how? DADS with Neil - Thurs 12, 19, 26 Aug, 2 Sept 8pm in Esther room MUMS with Bec- Tues 10am 27 July, 3, 17, 24 & 31 Aug in Shekinah with toys for the littl'uns

PARENTS CARERS GRANDPARENTS ETC with Bec- Tuesday 8pm 27 July, 3, 17 24 & 31 Aug in Shekinah (or Hosea if the group is small enough)

### Honey, are we rich yet? With Bolaji and Samuel S

4 sessions on being an entrepreneur, or married to one. Discussions, input and consideration of what it means when your partner, or you, are driven to new ideas, innovation and business creativity, and the impact on relationships. **Thursdays 29 July, 5, 12 & 19 Aug 7pm in the Samuel room** 

#### Grandparenting with Maggie L

3 sessions on being a grandparent. A series of discussions on the joys and opportunities, the pitfalls and pressures of being a granny, grandad, gramp, nana or similar. This is a pilot run for a 'course' Maggie has written to help grandparents make the most of their role and influence.

Tuesday mornings 10am August 10, 17 and 24 in the Samuel room



# summer groups 2021

#### Prayer

To start the summer programme we have a day to pray on Tue 13th July, with an opportunity to gather in Shekinah or on zoom at 7.30

To round off the summer and start the new academic year we are holding 3 days of prayer on the 8th, 9th and 10th September, again gathering in Shekinah (and perhaps on zoom) at 7.30. Please plan to join in.

#### Response form

Please return this section to the connect desk, or email sara@kingsland.org.uk to book your place. Places are limited in most of the groups so please book early.

#### Please book me/ us into the following sessions :

Stages in the life of faith 21, 28 July, 4, 11 Aug. 7.30pm Book Club 21, 28 July, 4, 11,18., 25 Aug. 8pm The Old testament Mon 9 Aug 3pm or 8pm 16th Aug 3pm or 8pm Self worth 26 July, 2, 9, Aug 8pm Creative response 26 July 2, 9, 16 Aug Big Ideas 4, 18, 25 Aug 8pm Anchored 4, 11, 18, 25 Aug 7.30pm Dads of babies and toddlers 12, 19, 26 Aug, 2 Sept 8pm Mums of babies and toddlers 27 July 3 17 24 & 31 Aug 10am Parents carers etc of babies & toddlers 27 July 3, 17, 24, & 31 Aug 8pm Honey are we rich yet 29 July, 5, 12 & 19 Aug 7pm Grandparenting 10, 17, 24 Aug 10am

# Summer groups 2021

#### Summer Church socials weather permitting

**Sunday 25th July -** bring a picnic to the field opposite the sun inn on Lexden Rd after the 2nd service....

**Sunday 15th August -** get a ticket to the barbecue - opposite the sun inn after the 2nd service

**Fri 3rd Sept** join us for an ice cream, a walk, walking football or lazing around Cudmore grove on East Mersea. 4pm - 9ish



#### THIS SUMMER. MAKE A SPIRITUAL HIGHLIGHT!

We're offering a variety of opportunities to learn, experience, or share in a new setting

Some of the existing groups will want to opt into a group or programme together, others will be able to carry on, but for most of us a change is as good as a rest and this is a great opportunity to meet new people, make new friends and learn new things.

Please join in by choosing a group - or even 2, filling in the response form or emailing Sara@Kingsland.org.uk

Obviously all the groups are subject to the regs at the time, but the community centre is allowed to operate currently

Any enquiries or for more info, or return the form to <u>sara@kingsland.org.uk</u>

email