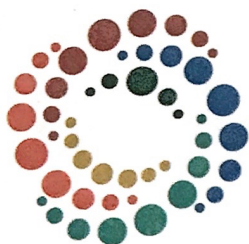


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# AMERICAN COLLEGE OF Lifestyle Medicine

The national medical specialty society for clinicians who provide leadership in the science, education and practice of Lifestyle Medicine



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Dear Kari Marie Allen-Hammer,

We'd like to welcome you as a new member of the American College of Lifestyle Medicine. We're delighted that you made the decision to join the professional community of those who are dedicated to advancing the cause of Lifestyle Medicine.

As you know, the field of Lifestyle Medicine is rapidly emerging. We'll keep you updated through ACLM's newsletters, social media, webinar series, and through a whole host of educational opportunities, including ACLM's annual conference.

Having completed the premiere "live" virtual event "Health Restored" in October 2020, we are looking ahead to the next LM2021 conference taking place in Dallas, TX from November 7 - 10, 2021. We are optimistic that this will be in person, so please mark your calendar! Registration will likely begin in February.

Please log-in to our website to manage your member profile and take advantage of ACLM's Membership Benefits found in the Members Only section of [lifestylemedicine.org](http://lifestylemedicine.org). We've recently unveiled a new array of benefits, with the goal of delivering exceptional value to our members. Prospective patients search the ACLM Membership Directory: You may choose the information that is displayed as part of your profile. Please contact us if you need assistance.

With a shared sense of excitement and anticipation about what lies ahead, we thank you for your membership in ACLM. We need you. And, you need us; for only in our unity is there the strength to see this vital mission advance.

Again - welcome to the American College of Lifestyle Medicine!

To better health and healthcare for those we serve,

Cate Collings, MD, MS, FACC, DipABLM  
President

Susan Benigas  
Executive Director