

ACE SPECIALIST

American Council on Exercise

This certificate attests that

Sarah Mayland

has met all the requirements to be recognized as an ACE Specialist and completed the

Fitness Nutrition Specialist Program

2.5 CECs

ACE CECs

8/28/2019

DATE



A handwritten signature in black ink, appearing to read "Colleen R. D'Amico".

CHIEF SCIENCE OFFICER



25.0 CEUs in General Category



25.0 CECs



15.0 CEUs



25.0 Contact Hours



25.0 Contact Hours



1.9 CEUs



25.0 Contact Hours

National Certification Board for Diabetes Educators

25.0 Hours

National Council on Strength & Fitness

7.0 CEUs



25.0 CECs