

St Mary's Cathedral

A Christ-centred community which is alive, forming and sending out joyful disciples

16 - 20 Huntly Street, Aberdeen, AB10 1SH



Sunday 31 July 2022 | 18th Sunday in Ordinary Time

Our Weekly Sunday Mass Times

08:00 • 11:00 • 15:00 (Polish) • 18:00

Meditation

Quarrels over inheritance can provoke bitterness and enmity in the closest families. Jesus refuses to take sides on behalf of particular interests. He goes even farther, for he shows what is really at the root of the quarrel: the greed for gain, the love of money. Jesus poses the actual question: what is it that assures life? In answer, he recounts the short-sightedness of the rich farmer. This man thinks he will assure his life with abundant reserves accumulated in grain bins.



But death suddenly snatches him away. Jesus denounces this lack of foresight. By limiting his ambitions to this world, the rich man forfeited his chance for true life. We are fools if we believe that what is essential here below is to accumulate and produce if we identify the good life with a solid, reassuring bank account. "To be rich in the sight of God", is to give and to share, to seek a life where life is to be found.

- Vienna International Religious Centre -

Our Mass Times

Monday	12:30
Tuesday	18:00
Wednesday	12:30
Thursday	18:00
Friday	12:30
Saturday	10:00
Sunday	08:00 11:00 15:00 (Polish) 18:00

Mass in Spanish at 17:00, second and last Saturday of the month.

Confessions

Wednesday	13:00 - 14:00
Saturday	11:00 - 12:00

Adoration of the Most Blessed Sacrament

The church is open for public adoration and private prayer during the week and on Saturdays.

"And he said to them, 'my soul is full of sorrow, even to death. Remain here and stay awake with me'"

Matthew 26 : 38 - 40

We are looking to extend time for adoration. If you are willing to accompany our Lord Jesus Christ for one hour weekly, please sign up as an adorer.

Sign Up for Adoration of the Blessed Sacrament



Mass Intentions

Mon	01/08/2022	12:30	Peter Kelly - Health
Tue	02/08/2022	18:00	Virtual Candle Intentions
Wed	03/08/2022	12:30	Santhiyago Arulananoam RIP
Thu	04/08/2022	18:00	Emmanuel Onukwu RIP
Fri	05/08/2022	12:30	Chizoba - Thanksgiving & Forgiveness of Sins
Sat	06/08/2022	10:00	Emmanuel Onukwu RIP
Sun	07/08/2022	08:00	Chizoba - Exam Success, Journey Mercies & Other Private Intentions
		11:00	For the Diocese
		18:00	For the Parish

If you would like a Mass said for any particular intention, please get in touch with our Church Secretary, Cowan Watson.

You are also welcome to make an offering by direct banking.

[Email Church Secretary](#)

BANK NAME

Bank of Scotland (Upperkirkgate Branch)

ACCOUNT NAME

RCD Cathedral St Mary 1

SORT CODE

80-05-17

ACCOUNT NUMBER

00759738

REFERENCE

Mass



Please note:

Sunday 31 July | Feast of the Transfiguration of the Lord

Register as a Parishioner

Are you a parishioner at the Cathedral? Register with us on ChurchSuite to keep up to date with the latest news and activities happening within our church community.



**Sign Up
via ChurchSuite**

What's Happening

Aberdeen City Council's Roman Catholic Religious Education for Secondary School Pupils

From **Monday 29 August 2022**, Aberdeen City Council will be resuming its programme of Catholic Religious Education for pupils of its Secondary Schools. Classes will take place at Harlaw Academy from **16:00** to **17:00** on **Mondays** for Years 1 and 2 and on **Tuesdays** for Years 3 and 4.

The teaching will follow **THIS IS OUR FAITH**, a curriculum approved by the Catholic Bishops of Scotland.

Young people who are continuing with the course from 2021-22 are not required to re-register.



Marian Procession in Honour of Our Lady's Assumption into Heaven

The Church of St Mary Assumed into Heaven is the titular name given to St Mary's Cathedral. This year, we celebrate our patronal feast on **Sunday 14 August**.

There will be a procession on the streets around the Church after Mass, with hymns and recitation of the Holy Rosary to accompany those who wish to join the procession.



[View Timings & Route](#)

National Safeguarding Conference

Saturday 1 October 2022 | University of Strathclyde, Glasgow

The National Safeguarding Conference is taking place on **Saturday 1 October** at the **University of Strathclyde** in **Glasgow**. Addressing the theme, 'Walking together in safeguarding: a journey of personal and communal conversion, the conference provides an excellent opportunity for safeguarders to meet and refresh their understanding of, and commitment to, safeguarding.

The event features a contribution from Fr Hans Zollner SJ, an internationally renowned expert on sexual abuse in the Catholic Church.

The conference also provides an ideal platform to launch the new Scottish Catholic Safeguarding Standards Agency, allowing participants to talk with Lady Rae and the SCSSA Board members and staff about their plans for the agency.

Due to high demand, we recommend booking early to secure your place.

[Sign Up Now](#)

8-Day Pilgrimage to the Holy Land 2023

Led by Fr Domenico Zanrè

See the gospel come to life by following the footsteps of Jesus in the Holy Land. From Jerusalem and Bethlehem to Nazareth and the Sea of Galilee, you will find yourself immersed in spirituality and culture. This beautiful, tried-and-tested itinerary promises to bring the pilgrim an unforgettable experience, including a non-stop return flight from the UK to Tel Aviv airport, an air-conditioned luxury touring coach and a professional local guide, as well as en-suite hotel accommodation in Tiberias and Bethlehem.

A £300 non-refundable deposit is required to secure your place. Visit the link below for details of the itinerary and online booking.

[Sign Up Now](#)



Catholic Men of Aberdeen | Pray the Rosary

The Catholic Men of Aberdeen will pray the Rosary together on the **First Friday of each month** at **St. Mary's Cathedral** from **19:00**. After, the men are invited to have pizza together in the clergy house (if you have any dietary requirements, please put a note in the sign-up comments box).

This is an informal men's gathering for the Catholic Men of Aberdeen to pray together and continue growing in fellowship and fraternity! Attendance is open to all practicing Catholic men over the age of 18 from all walks of life in Christ (single, married, lay, or religious).

Sign up to receive latest information about our upcoming events!



[Sign Up Now](#)

Hospitality Team

The hospitality team have the critical responsibility of ensuring that those people who come to the parish are given a warm welcome and helped to feel a real sense of belonging to the community.

This is achieved firstly, by the way they engage with people, especially those new to the parish. Secondly, by creating space for relationships to form, especially at and after Mass.

Sign up now to join our lively team!

[Join the Team](#)

Diocesan Discipleship Retreat Courses

Creating a connected, confident community of Catholics across the north of Scotland.

The retreat courses aim to create a community of connected, confident Catholics across the north of Scotland. Therefore, Catholics or those actively interested in becoming Catholics who live in the Diocese of Aberdeen, Scotland are given priority.

Our Courses

The Philip's Course is an experience of the basic foundation of the Christian life: God's love, our need for salvation, the power of Christ's death and resurrection and the gift of the Holy Spirit to renew our lives.

Course Dates:

23 - 25 September 2022 [Men]

4 - 6 November 2022 [Women]

The Emmaus Course is an experience of the Word of God, a companion on our journey to heaven.

Course Dates:

2 - 4 December 2022 [Men]

3 - 5 February 2023 [Women]

The John the Beloved Course is an experience of meaning and conditions of discipleship, equipping participants to be life-long disciples of Jesus Christ.

Course Dates:

3 - 5 March 2023 [Men]

12 - 14 May 2023 [Women]

The retreat is held at Kilcoy Castle on the Black Isle.

The retreats cost £60.00 per weekend for residents in the RC Diocese of Aberdeen and £150.00 per weekend for those out with the Diocese.

Attended before?

If you have attended the Philip's course in the past but have not attended the Emmaus or John the Beloved course, please contact the Ogilvie Centre to register your interest.

Retreat spaces at Kilcoy Castle are limited therefore, preference is given to first-timers. However, please contact us to register your interest. If space is available within two weeks before the retreat, you will be offered a space to attend again.

Are you a Priest?

At each retreat we need a priest available for confession, to offer the Holy Mass, and present to the retreatants by participating in the talks and activities. You will receive accommodation, meals, and a stipend for your service.

Email The RC Diocese
Ogilvie Centre

Contact Via Phone
01343 547 806

Diocesan Discipleship Retreat Courses

Creating a connected, confident community of Catholics across the north of Scotland.

At the end of the year, participants are encouraged to continue developing their individual formation and connection as a community by:

- participating in an online Called and Gifted course to discern individual charisms
- participating in retreats at Kinnoull, Craig Lodge, or other catholic retreat centres across Scotland
- organising their own days of recollection or retreats at Kilcoy Castle, Pluscarden Abbey, or local parishes
- participating in diocesan pilgrimages, parish groups, online diocesan study groups
- creating small prayer or study cells in their local deaneries
- as appropriate, contributing skills to Ogilvie Centre events and formation opportunities and the next year's retreats
- contributing to their local communities through works of justice and peace such as volunteering with the diocesan family life centre, local foodbanks, catechesis/youth work, environmental groups or other charitable works.

Unlocking the Mystery of the Bible

Every Wednesday | 19:00 - 21:00 | St Mary's Cathedral Hall

Unlocking the Mystery of the Bible, an eight-part Bible study, helps you uncover the story woven throughout Scripture, so you can get the “big picture” of the Bible and understand what it's all about, without getting bogged down by a sea of Old Testament names and places.

Aided by a unique colour-coded Bible Timeline Chart that arranges the key people, places, and events of the Bible in chronological order, Unlocking the Mystery of the Bible will help you pick up the Bible with confidence and understand how you fit into God's plan.

Participants meet every week to view an engaging video presentation followed by a time of lively group discussion and fellowship.



[Sign Up Now](#)

FORMED | THE CATHOLIC FAITH | ON DEMAND

Get thousands of movies, programmes, audio, and books instantly.

PICK OF THE WEEK | 31 JULY 2022

Saint Ignatius of Loyola: Soilder for Christ

At the end of this week, we celebrate the feast of St Ignatius of Loyola, the "Soilder for Christ." While Martin Luter's interior troubles plunged Europe into maelstrom of controversy, Ignatius of Loyola set out on an extraordinary interior pilgrimage of grace. Taught directly by God, Ignatius offered the church a new spirituality of devoted service to Christ and founded a religious order dedicated to evangelisation, the Jesuits.



[Watch Now](#)

How Do I Sign Up?

You can have full access to the resources in **four EASY steps!**

- Visit the Formed website and click 'Sign Up'
- Select 'Sign Up as a Parishioner'
- Find **St Mary's Cathedral** by Parish name, address or postcode
- Enter your email - and you're in!

[Sign up to Formed](#)

Join the Audio-Visual Team

The audio-visual team are looking for enthusiastic individuals who can reach out beyond the physical bounds of the parish to engage people across the globe by live-streaming the daily Masses and various other events.



Support the Church

Mother and Toddlers Group

**Every Tuesday | 10:00 - 12:00 (noon) |
St Mary's Cathedral Hall**

A place for parents/grandparents/carers to bring their toddlers (0 -5 years) and to meet other people in the same stage of life as them! Tea, Coffee, and biscuits provided with lots of toys for the Children to play with!



Sign Up Now

P7 & S1 Retreat

Friday 26 - Sunday 28 August 2022 | St Michael's, Tomintoul

The weekend will consist of games, activities, prayers and loads of fun! The focus is to bring young people together to develop their feeling of belonging and community.

We will be going with some youth from Aberdeen, Inverurie, St. Francis' and the Dominican Sisters.

We are looking at arranging transport, depending on the numbers, otherwise, parents will be asked to bring their child.

The cost for the two nights away will be £40. Sign up is essential.

Sign Up Now

**Read about
Tomintoul**

Cathedral Youth Social Media

The Cathedral now has a social media presence, specifically for young people! We will be using this to teach young people and change the negative narrative that they are often fed on social media.

We will also be using it to advertise events and opportunities available to young people! A place for growth on the internet for all the Diocese and further afield!

We are on Facebook and Instagram and can be found by searching 'enkindleyouth'.

**Follow Us
on Instagram**

**Follow Us
on Facebook**

St Vincent de Paul Society

The St Vincent de Paul Society at St Mary's Cathedral is responsible for the distribution of food and clothing to those in need and, with the rising cost of living, the demand for our services is straining our resources to the limit.



We desperately need your help so we can continue with this invaluable work, particularly in providing food parcels to those who depend on our support. We urgently need donations of food and cash donations to enable us to purchase food.

Please consider making a cash donation using one of the collection boxes held by our volunteers at the entrance of the Cathedral or get in touch with Evelyn Murray.

Email
Evelyn Murray

200 Club | Got Your Number?

Join the 200 Club and contribute to our Renovation Fund while having a chance to win one of four monthly prizes of £50 – there are also 3 annual prizes of £300 to be won!



Membership costs £5 per month.

Find Out More

Aberdeen African Choir

The African Choir is looking for new members. The choir is open to people from all nationalities, not just African! The group meet every **Wednesday** via Zoom from **18:00 to 20:00** and every **Saturday** in the Cathedral's Upper Hall from **18:00 to 20:00**.

If you are interested in joining the choir or would like to know more, please get in touch with Uzo.



Contact Uzo
Via Email

Contact Via Phone
07577 444 687

Archconfraternity of St Philomena

The Wonder Worker | Saturday 10 September

10.00: Conference 1
The story of the Wonder Worker

10.45: Votive Mass of St Philomena

11.30: Conference 2
How to honour St Philomena?

12.15: Enrolment into the Archconfraternity

12.30: Refreshments

"To Saint Philomena, God refuses nothing. "
St. John Vianney

St Sylvester's, 19 Institution Road, Elgin, IV30 1QT

Register for Event

Can You Help?

We are a group of young people currently doing a programme through Aberdeen Foyer.

Our aim is to put together care packages and First Aid kits and hand them out to the people in need/homeless people in Aberdeen City.

We are looking for the following items:

Plasters/Bandages/First Aid Kits/supplies Anti-septic wipes Hygiene products, e.g. toothpaste/brushes, deodorant, hand soap, washing soap, shampoo, baby/toilet wipes, sanitary products, clothing, backpacks/rucksacks, blankets/sleeping bags.

We would really appreciate your help and we would be delighted if you are able to support this in any way.



**Email
Nicky Donelkan**

**Call Paul Thomson
(01224) 212924**

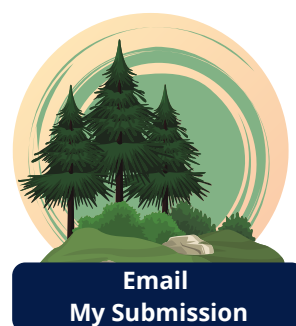


2022 St Mary's Cathedral Photo Competition

St Mary's Cathedral photo competition is back with the theme: **Everyday Miracles**. Send us your photos which illustrate the theme, along with a relevant verse from Scripture to support the image.

Photos should be submitted in landscape format. The competition is open to all and there is an entry fee of **£5**.

The deadline for submission is **Sunday 21 August**. The photos will be showcased in the Cathedral on **Sunday 28 August** and the winning images will be presented in our 2023 calendar!



Asda £1 Meal Deal for Kids

To help tackle holiday hunger when the cost of living is higher than ever, Asda is offering children aged 16 and under access to a hot or cold meal for just **£1** at its cafes.

To keep children fed over the summer holidays, they can grab a meal for £1 at their in-store cafe seven days a week, with no minimum adult spend requirement. The scheme is available until **Sunday 4 September**. Depending on the store, a hot or cold meal or both will be on offer.



Kids Eat for Free or Less During Summer 2022

Morrisons

Spend £24.99 for a free kid's meal after 15:00 daily, normally all day during half term.

Dunelm

One free mini main, two snacks and a drink for every £24 spent in the in-store cafe.

YO! Sushi

Kids eat free from 15:00 - 17:30 Mon-Thurs for every £1 spent on food.

Beefeater & Brewers Fayre

Free breakfast for two children under 16 with every paying adult.

Hungry Horse

Complimentary kids' breakfast with one paying adult breakfast from 09:00 - noon daily.

Cafe Rouge

Kids eat for £1 with an adult meal excluding Saturday.

IKEA

Get TWO kid's hot meals, fruit, and drink and jelly for £5 in their Swedish restaurants (subject to availability).

Bella Italia

Kids eat for £1 with each adult meal from 16:00 - 18:00 from Mon-Thurs.

Dobbies

Kids eat free with an adult main meal.

Table Table

Two children under 16 get a free breakfast with one paying adult every day.

M&S, TESCO and **more** expected soon, see websites for the latest information.



Sacramental Prep Volunteers (Parish Only)

Joe is continuing to look for more helpers to join the sacramental prep team!

[Find Out More](#)



Financial Update | 24 July 2022

Offertory Collections | All Masses - £1,115.03

2nd Collection | Comboni Missionaries - £1,177.43

We have different options available if you wish to support the church by giving:

Standing Order

Never have cash with you at Mass?
You can make your offertory collection by setting up a weekly or monthly standing order using online banking.

Alternatively, you can complete a Standing Order Mandate form and hand it into your bank.

[Standing Order
Mandate Form](#)

BANK NAME

Bank of Scotland (Upperkirkgate Branch)

ACCOUNT NAME

RCD Cathedral St Mary 1

SORT CODE

80-05-17

ACCOUNT NUMBER

00759738

REFERENCE

Offetory



Second Collection

There will be a second collection on **Sunday 7 August** for **Cathedral Building Fund**.

Gift Aid

If you are a UK taxpayer, ensure all your contributions to the Cathedral are gift-aided by registering for the Cathedral Gift Aid scheme.

We can claim an additional 25% on top of all contributions you make, without costing you a penny more!



[Complete Gift Aid Form](#)

[Other Ways to Give](#)