

HeartMath® Certifies that

Cathy Chargualaf

has successfully met the standards established in
The Resilient Heart: Trauma-Sensitive HeartMath Certification
and in so doing has earned recognition as a

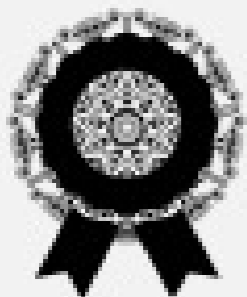
Trauma-Sensitive HeartMath® Certified Practitioner

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Certificate Number

March 26, 2021

Certification Date



Deborah Rozman

Deborah Rozman, PhD, CEO HeartMath LLC

Rollin McCraty

Rollin McCraty, PhD, Director of Research, HeartMath Institute

Tricia A. Hoffman

Tricia A. Hoffman, Director Training and Licensing, HeartMath LLC