

EVERGREEN SQUASH CLUB OF WEST VANCOUVER

COVID-19 Reopening Guidelines

Phase 4

August 20, 2020

General Information:

Restrictions will limit the number of members in the club at one time to less than 20 and implement safety and cleanliness guidelines:

1. Club New Hours:
 - Mon-Thurs 9:00am-9:00pm (staffed 10:00am-9:00pm. Unsupervised 9:00-10:00am)
 - Friday 7am-6pm (staffed 8:00am-6:00pm. Unsupervised 7:00am-8:00am)
 - Weekends 8:00am-5pm (Staffed 9:00am-5:00pm. Unsupervised 8:00am-9:00am)
2. Note fobs will only be active 15 minutes prior to opening and will shut off at closing.
3. Absolutely **NO** guests at this time
4. We **ARE** accepting trial memberships.
5. New **Covid-19 waiver** MUST be filled out and submitted to the office prior to using the club. This is a ONE-TIME waiver.
6. A one-page **Health Declaration** MUST be filled out **every time** you are at the club. These are at the front desk and also online (QR code posted).
7. Staff to continue monitoring Health Declaration submissions and will be out in the club ensuring that rules are being followed. Staff will also continue to clean courts, monitor garbage, re-stock cleaning stations, wipe equipment and other high touch zones.
8. **Hand sanitizing** stations have been set-up all around the club. Please sanitize upon entering the club, before and after you play/workout.
9. **No socializing** – enter, play or workout, clean, leave
10. If you do not have a booking you should not be in the club. Young juniors who need parent's attendance should aim to book **court 1** where the guardian will be allowed in the stands.
11. Bring your own **Water bottle**. **New hands-free Water Station at front entrance**. kitchen areas on both floors have been closed off as well as main floor old water fountain.
12. Shower/steam room will **stay closed** at this time. Members must come ready to play/workout and just use change room for bag storage and shoe change if needed.
13. Please spray down any bench area you use in the changeroom.
14. **Entrance & Exits:** We are trying to keep 'one-way' traffic in the club, due to our small entrance and narrow hallways. Please follow the red arrows on the floor marking the way to your exit.
15. If you must go **against the flow** of the arrows, i.e. you need to go back to the changeroom, or up to the gym, please be extra cautious and allow anyone coming toward you the right of way, allowing for **6' social distance!**
16. **Pro Shop:**
 - Cathy/other staff will wear a **mask** at all times during interactions with members
 - Phase 4 allows staff and **one other** person wearing a mask in the Pro Shop.
 - Sanitize hands prior to entering Pro shop, or accepting a demo racquet
 - **Debit and credit via tap are current preferred methods of payment**

Court Usage Guidelines Phase 4:

- Do not enter the Club until 5 minutes prior to booking.
- Members must use **sanitizers** on hands before entering the court.
- Please keep extractor **fans on** at all times! Put the fan on when you leave.
- Members are asked to **remain on court** for the entire booked period. Opening the door for water bottle access should be done with caution
- No chatting or stretching in the hallways!
- No wiping hands on walls.
- Singles Court bookings will be staggered, 1-hour bookings to allow for:
 - ✓ **45-minute play**
 - ✓ **5 minutes** of cleaning all door handles and surfaces touched, using cleaner provided/exit area
 - ✓ **10 minutes** to let the air settle and clear the area for next players – keep fan ON.
- Doubles court bookings will be changed to 75 minutes to allow for:
 - ✓ Full **60 min.** match play (otherwise players are tempted to play on and crowd area)
 - ✓ **5 minutes** of cleaning all door handles & surfaces touched, using cleaner provided/exit area via court 5/6 door.
 - ✓ **10 minutes** to let air settle & clear the area for next group.

Court Usage Allowed in Phase 4:

- Bookings will return to prime/non-prime in order to differentiate the FULL and RESTRICTED membership privileges before renewal time
- Solo play on any court, non-prime time only
- Any two members may do drills or play singles together
- Any three members may play king of the court.
- Any 4 players may play doubles.
- **Strongly recommend trusted partners only** re: singles and doubles play
- All names **MUST** be on booking sheet for possible contact tracing purposes.
- Protective eyewear strongly recommended (mandatory on doubles court if using hardball)
- Face masks or face shields strongly recommended
- **Coaching: Allowed in Phase 4**
 - ✓ maximum 4 (small) juniors on court, for camps/junior program, plus coach with mask
 - ✓ maximum 4 (older juniors) on court doing drills, or 3 plus coach with mask
 - ✓ Max 2 adults on court for clinics, plus coach with mask
 - ✓ For private and semi-private lessons, coaches should offer to wear a mask and go with what the client prefers.
 - ✓ mask recommended but not mandatory for those being coached

Gym & Equipment Usage Phase 4

- Gym and cardio machines must be booked on SportyHQ (select “solo practice)
- For private and semi-private training sessions, Hank should offer to wear a mask and go with what the client prefers.
- Note: If you haven’t booked the gym, you should not be in there!
- Members must use **hand sanitizer** before entering the gym or using a machine.
- Members must **wipe down** all equipment and mats, etc. after use, **using spray cleaner** provided.
- Gym and equipment bookings will be staggered **60 minute** sessions to allow for
 - ✓ 45 minutes of **workout**
 - ✓ 5 minutes of **cleaning** all equipment and surfaces touched
 - ✓ Put all weights/balls/bands/benches back where they belong before leaving!
 - ✓ **10 minutes** to let the **air settle** and clear the way for next members booked.