

Samantha Shaw

<https://www.youracclaim.com/user/samantha-shaw.b5b5456b>



Integrative Nutrition Health Coach (INHC)

Issued by: Institute for Integrative Nutrition

Issued on: 02 July 2019

This badge designates that its holder has graduated from Integrative Nutrition's Health Coach Training Program. They have demonstrated an ability to understand and utilize a wide range of dietary and nutrition theories, as well as develop business and coaching skills to practice in a variety of settings. They have been trained to educate and guide clients to make behavioral changes resulting in improved nutrition, dietary habits, and physical ability and overall greater health and wellness.

Skills

Accountability, Active Listening, Coaching Skills, Global Food Issues, Health Education, Interpersonal Communication, Nutrition Education, Nutritional Health Coach, Time Management

Criteria

- Graduate from the Institute for Integrative Nutrition (IIN) Health Coach Training Program
- Integrative Nutrition's Health Coach Training Program is the most unique health coaching program in the field. Graduates demonstrate their ability to guide and educate clients to make long-lasting, sustainable lifestyle changes. Graduates develop the business and coaching skills to practice one-on-one with clients, in groups, and alongside physicians. IIN graduates are dedicated to their health and the health of their clients, families, and communities and reversing the global healthcare crisis.
- In order to retain this badge, graduates must remain in good financial standing with IIN.



Integrative Nutrition Health Coach (INHC) Mid-Certificate

Issued by: Institute for Integrative Nutrition

Issued on: 08 April 2019

Expires on: 02 July 2019

Earners of this badge have completed at least 25 modules as a student of Integrative Nutrition's Health Coach Training Program. They have demonstrated the ability to utilize a wide range of dietary and nutrition theories, as well as develop business and coaching skills to practice in a variety of settings. Students have been trained to educate and guide clients to make behavioral changes for improved nutrition, dietary habits, and physical ability and overall greater health and wellness.

Skills

Accountability, Active Listening, Coaching Skills, Global Food Issues, Health Education, Interpersonal Communication, Nutrition Education, Time Management

Criteria

- Student of the [Institute for Integrative Nutrition \(IIN\) Health Coach Training Program](#)
- Completion of at least 25 modules of the Health Coach Training Program.
- This badge is replaced by an Integrative Nutrition Health Coach (INHC) badge upon graduation.