



## Alpha and Beta email karen@Kingsland.org.uk

#### Alpha - Karen L

12 sessions: We'll run this world renown course from 6th Sept - for anyone wanting to discover more about Jesus, faith, church etc. Lots of questions. Mondays - start anytime, but it's best to join at the beginning. 7.45pm. Zoom 8303 350 2318

#### Beta - Manda O

Living Life in the Spirit today: An ideal follow from Alpha, starting Tues 7th Sept at 7.45pm. Zoom 8303 350 2318





# Other groups

email neil@Kingsland.org.uk

**Creative response** Working in wood, glass and textiles to create a response to a scripture text, over 8 Monday nights from 4th Oct, in the Studio in Gt Horkesley

Praying in Tongues each weekday morning on Zoom from 8.15 - 8.45

11am Wednesday Bible Study with Jean & John in the Esther room & on zoom\*

**Time out** with Frances, for women who just need a break on Monday mornings for five weeks\*\* from 4th October a creative space with relaxation in the Esther room\*

**Book Club** with Marcus. A WhatsApp group reading plan for 'Love is the Way' by Bishop Michael Curry & meeting on 21st Oct in the Church (& zoom?) at 8

**4 business** is a monthly group of self employed, company directors and business owners with Jana, 2nd Monday of the month, 7.45 in the Ruth room & on zoom\*

**What Hear Here,** a group for people in the church with hearing loss, meets once or twice a term on a Saturday afternoon at church or a local home and on WhatsApp

**Kingsland Community Gospel Choir** is a non auditioned adult choir meeting at Kingsland at 7pm on a Wednesday night in the Shekinah room

**Creative Worship** – the MIW monthly gathering, a chance to explore worship using creative arts including dance, drumming and word. 2<sup>nd</sup> Tues of the month, 8pm.

**MAP course.** The Ministry Apprenticeship programme offers higher level leadership development - please see the separate leaflet

# opportunities Opportunities



### Autumn 2021

An emergence, a new start, a restart, a new school year gives opportunity for connection, re-connection and church in circles.

Why not make a fresh start, a re-start or a new start in Kingsland by joining one or more of the many groups or activities that will help you make new friends, learn something new, deepen fellowship, or grow spiritually?

In this brochure we've pulled together many of the things that we are doing as a church, though new groups are being formed all the time so look out for others as well. Some of them are 'drop-ins', most need a regular commitment. Some are on zoom\*, some in person and some a hybrid. Of course that may change if there are further restrictions on gatherings.

To make the most of Kingsland we recommend -

belonging to a congregation where I'm inspired and encouraged, being involved in a small group where I'm known and can ask, serving in ministry where I can give out and grow.

Our Congregations are 9.15, 11am and 6.30pm on Sundays, Wednesday at 1 and Messy Church on the first Sunday of the month at 3.30pm ...

for more information and to book anything in this leaflet email sara@kingsland.org.uk

For all the Youth and Children's groups please see the separate leaflet

<sup>\*</sup>zoom room is 589 493 2558, Password: coffee

<sup>\*\*</sup> some groups don't meet in the half term holiday w/c 25th Oct

# Discipleship groups email lan@Kingsland.org.uk

Our discipleship groups are supportive, friendly and sociable. Most use a video summary of the Sunday morning talk to go deeper. They all involve supporting and praying for each other, with an emphasis on encouragement and fun!

Barbara Richard & Jude	Esther room Copford	Tues 10.30am Tues 8pm	A new group
Belinda & Dennis	Mile End	Tues 7.30pm	families welcome
Gary & Tania	Altrnte St Johns/zoom*	Tues 8pm	All ages,
Alan and Beryl	zoom*	Tues 8pm	international flavour
Gordon & Sue	Stanway - fortnightly	Weds 10.30am	Hearing loss friendly
Flora T	Stanway	Weds 7.30pm	
Gareth & Gail	Lexden	Weds 7.30pm	New to Kingsland
Seven	zoom* & meet ups	Weds 8.30pm	mainly 20's
Frances	Gt Horkesley	Thurs 10am	
Chris B & Sue B	Stanway	Thurs 7.45pm	Over 50
Beth & Femi	zoom*	Thurs 8pm	A new group
Bethan & Chris	Eight Ash Gn & zoom*	Thurs 8pm	
Carlene and Jon	Northern Approach	Thurs 8pm	
Solomon & Mosun	Stanway & zoom*	Thurs 8pm	
Hazel C	zoom*/ Stanway	Thurs 8.15pm	Group is full





# Community groups email karen@Kingsland.org.uk

#### Walk & Talk - Shelley S

A leisurely stroll from Shelleys house in Old Lexden and then a chat around the kitchen table. Bring a friend 10 - 12 Thursdays from 16th September

#### Listening Ear - Traci P

An opportunity to be heard, to tell your story, to find solace and share with an experienced listener. First Wed of the month 7 to 8.30 - 1st Sept, 6 Oct, 3 Nov, 1 Dec

#### Board Games Club - Richard G

In the cafe from 8pm till late, 2nd Friday of the month. Mainly strategy board games. A friendly group where most games start with someone new to the rules

#### Netball - Charity PL

Friendly and informal, all standards, all fitness levels, Wednesdays 6-7 at St Benedicts school. £10 per month, 1st session free

#### Table Tennis - Paul A

Friday nights 7.30 for practice and training, matches by arrangement as part of the local leagues of the TT England set up in the Genesis/Joshua room

# Family etc

for details email bec@Kingsland.org.uk

#### The Marriage Course - Samuel & Grace O

A 7 week course from Tues 21st Sept 8-9.30pm\*\* in the Samuel room. Non judgmental, private, practical and informative. This is ideal for blended families and those with step children, but all couples are invited, whatever the circumstances and however long they've been together

#### Little Stars Baby & Toddler group - Bec B

Each Monday morning 10-11.30 term-time\*\* for little ones and a suitable adult - £1 in the Daniel room

#### Parenting teenagers - Frances S

Starting 5th Oct at 10am for 6 sessions\*\* in the Genesis/Joshua room developing skills and understanding for the teenage years. This popular course is supportive, practical, helpful and of course completely non judgemental.

#### Single - parents - Happiness P

Raising Christ-loving responsible young people — a monthly group for single parents and their children Wednesdays 6-7.30pm. Meet in CO2, and on WhatsApp

#### Restored Lives - Jo, Craig and Michelle

Starting Thurs 16th Sept 8-9.30 for 6 weeks in the Samuel room, the course offers practical and emotional support for anyone going through a relationship breakdown. Wether you've been separated for a day or divorced for years this course can help £30. Here, on zoom or a hybrid dependant on attendees preferences

#### WidowTalk - Barbara E

For women following the death of their husband or partner. We meet online and in person, to listen with privacy and respect as we talk about all aspects of death and grief, the pain and the loss, in order to find understanding and comfort and, eventually, hope. The group is run by a trained grief facilitator.

Drop in at Kingsland Thursdays 10.30 - 12 from 14th Oct in the Isaiah room. And we're expecting to start a closed group on Zoom on Tuesday evenings, date tbc

#### Grandparenting - Maggie L

Three sessions for grandparents on the joys and opportunities, the pitfalls and the pressures of being a gran, granny, nana, grandad, gramp or similar. Thursday mornings 10am 7th, 14th and 21st Oct in the Esther room



### Youth & Children

bec@kingsland.org.uk

